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## MYSELF

Paste  
your  
photograph  
here



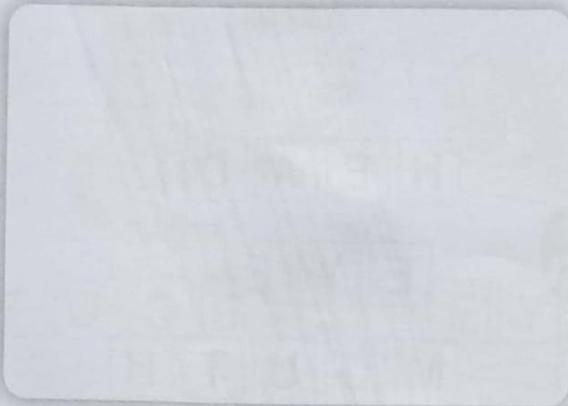
Write about yourself in the space given. (Golu has filled one space for you already!)



1. I am a boy/girl .....
2. My name is .....
3. I study in class .....
4. I am ..... years old.
5. My school's name is .....
6. My birthday is on ..... **16th December** .....
7. My best friends are .....
8. My favourite hobbies are .....

Golu is a little frog who loves to help little children. Golu will help you to do your work.

Paste your photographs here :



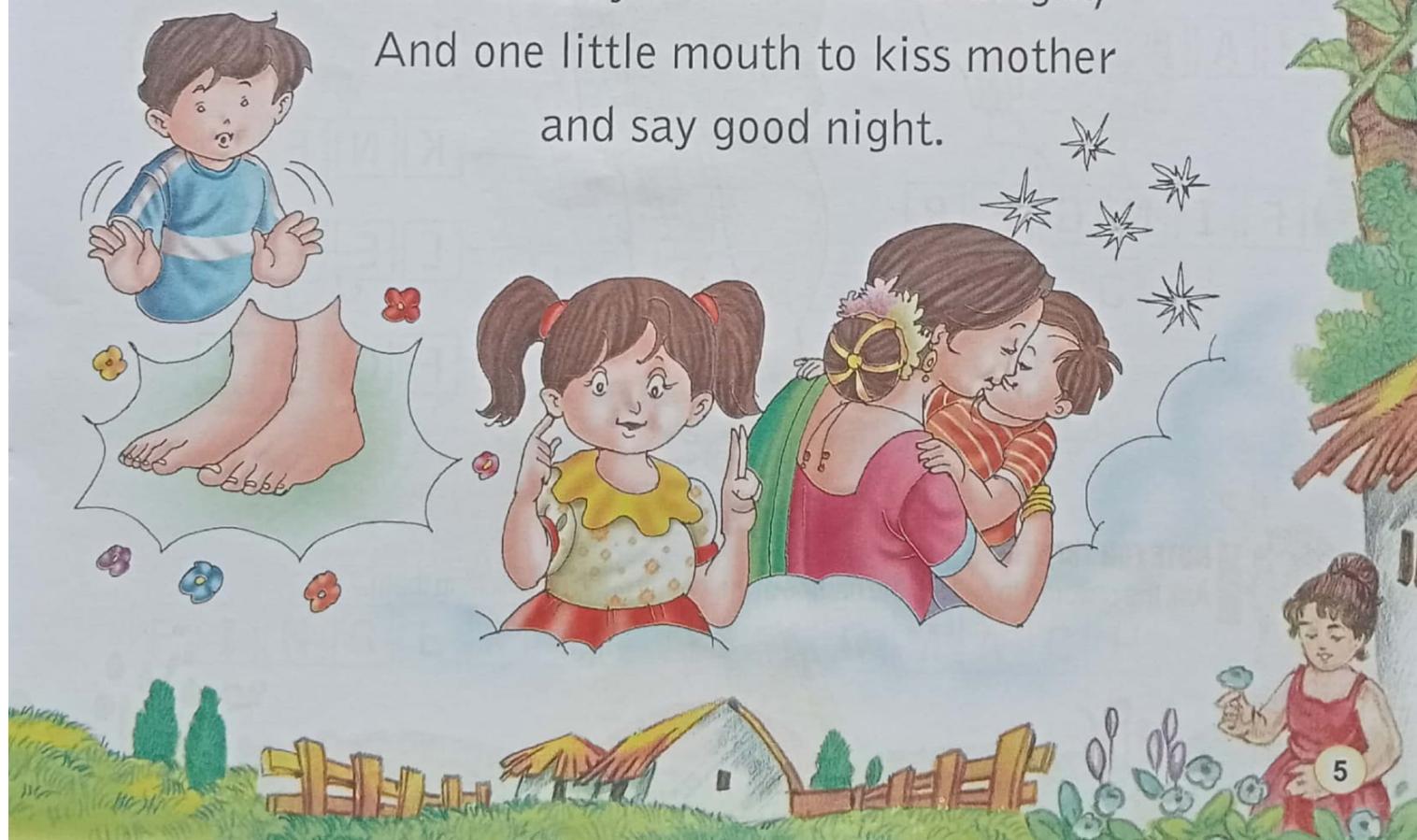
When I was 1 year old.



This is how I look now.

## TEN LITTLE FINGERS TEN LITTLE TOES

Ten little fingers, ten little toes,  
Two little ears and one little nose;  
Two little eyes that shine so bright;  
And one little mouth to kiss mother  
and say good night.



My body has many parts.

H A I R

H E A D

N O S E

E Y E

E A R

M O U T H

C H E S T

A R M

E L B O W

H A N D

F I N G E R

K N E E

T O E

L E G

F O O T

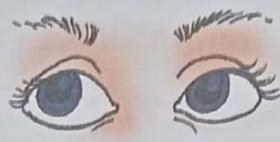
#### NOTE FOR THE TEACHER

Ask the children to call out the names of their body parts by touching them.

## Know your body parts :



FOOT



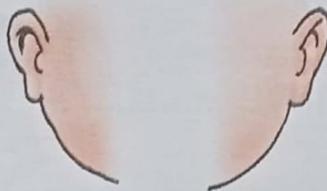
EYES



CHEEK



LIPS



EARS



ARM



HEAD



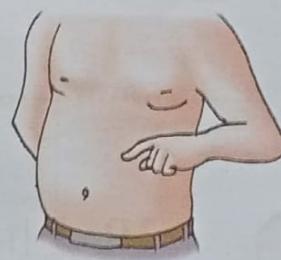
LEGS



NECK



FINGERS



STOMACH



Golu wants you to count and fill in the blanks :

1. I have ..... ears.



2. I have ..... eyes.



3. I have ..... hands.



4. I have ..... legs.



5. I have ..... neck.



6. I have ..... fingers.



7. I have ..... nose.



8. I have ..... head.



9. I have ..... toes.

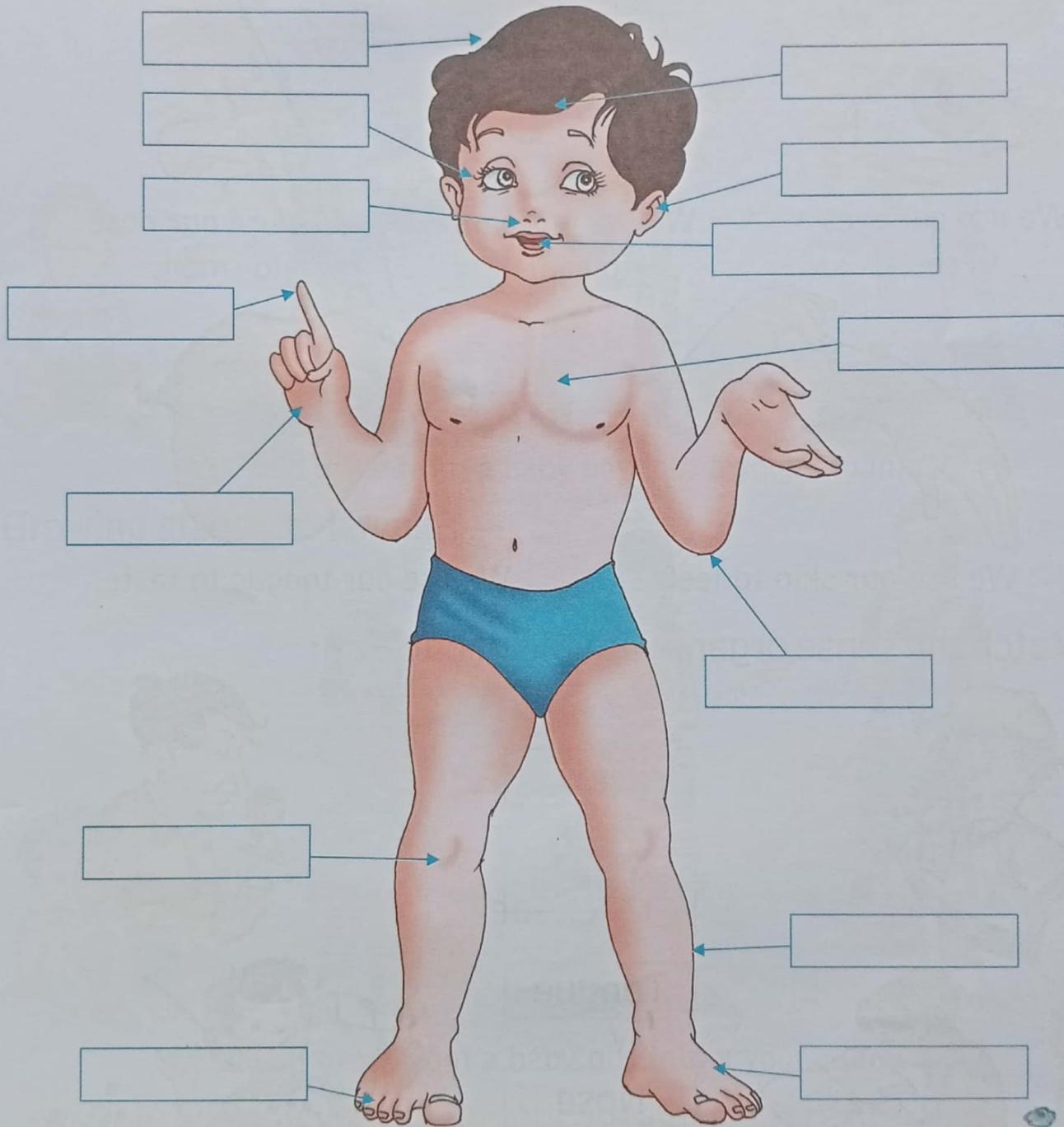


10. I have ..... arms.



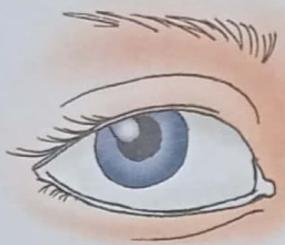
Golu now wants you to fill in the blank boxes. So,  
fill in the boxes :

<b>Help Box</b>	Foot	Ear	Eye	Knee	Leg	Hand	Finger
	Head	Chest	Toe	Nose	Hair	Elbow	Mouth



## MY SENSE ORGANS

Golu has found out that our body has five sense organs.



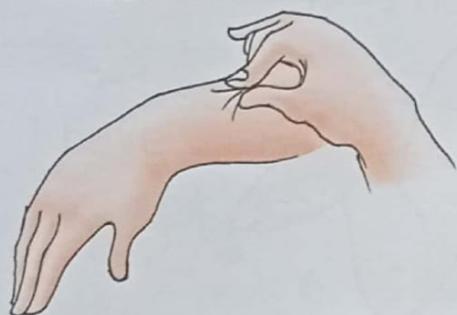
We use our eyes to see.



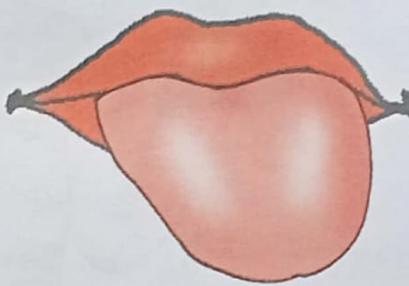
We use our ears to hear.



We use our nose to smell.



We use our skin to feel.



We use our tongue to taste.

Match the sense organs with their activities :



Eyes



Ears



Tongue

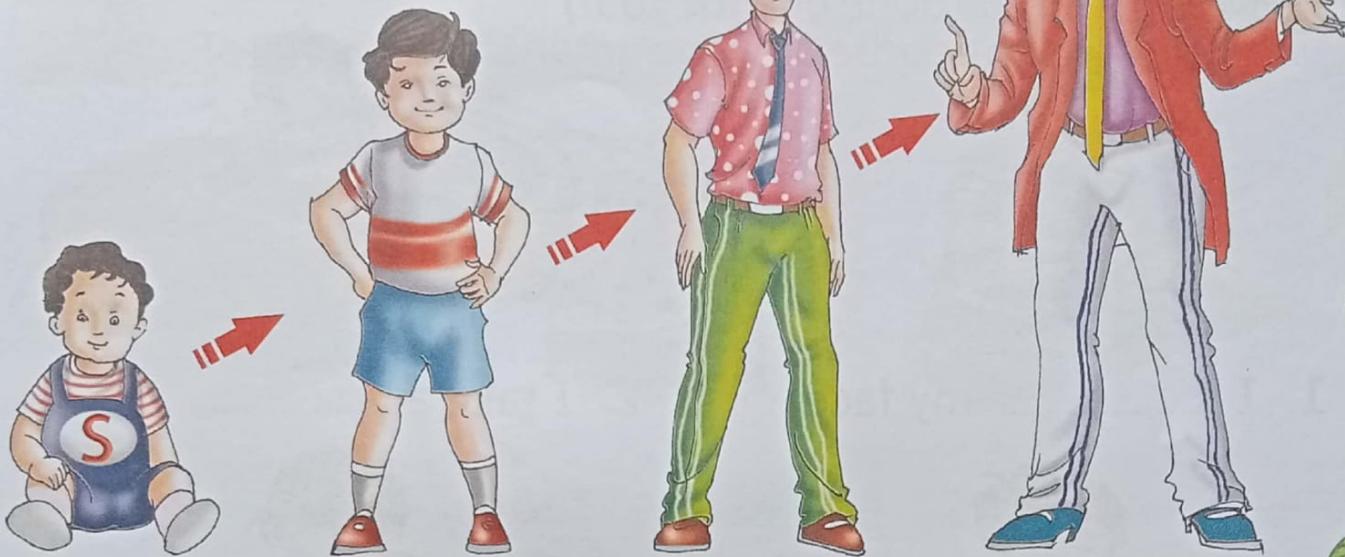


Nose

## HOW WE GROW

Like all other living beings we will also grow.

Growing stages of males—



You will grow from a baby boy into a young man.

Growing stages of females—



You will grow from a baby girl into a young lady.

Golu wants you to circle your present stage of growth :



## KEEP CLEAN

We do a lot of things to stay neat and clean. Golu wants you to take the help of the pictures and complete the sentences.

(Golu has done one for you!)



1. I ..... my face.



2. I take a .....



3. I ..... my nails.



4. I ..... my hands.



5. I ..... my hair.



6. I .....brush..... my teeth.

### NOTE FOR THE TEACHER

• Tell the children about some other things they need to do to keep their bodies neat and clean.

There are many things we use in our daily life to stay healthy and clean.

Name the items given below with the help of clues given :

**Help  
Box**

Nailcutter

Hanky

Bucket

Soap

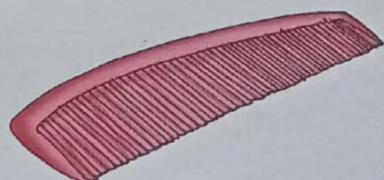
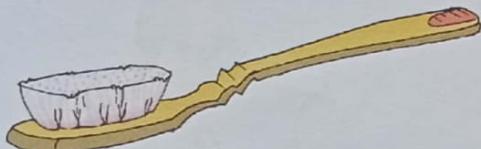
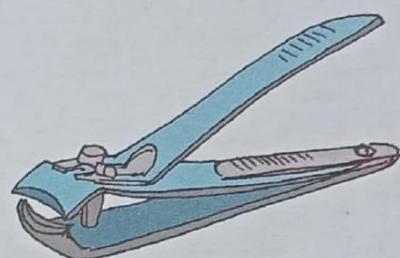
Comb

Toothbrush

Shampoo

Toothpaste

Towel



## GOOD HABITS

By following good habits, we can keep ourselves healthy and strong. We can learn good habits in school and at home.



Help your mother in household work.



Do exercise daily.



Eat good and healthy food.



Wash your hands properly.



Help the old to cross the road.



Greet your elders.

### NOTE FOR THE TEACHER

Please make sure that all the students follow good habits.



## GOOD MANNERS

When people are nice to us, we have to be good to them also. Being nice and showing respect by using certain words means we have good manners.



When we receive a gift, we must say 'Thank You'.



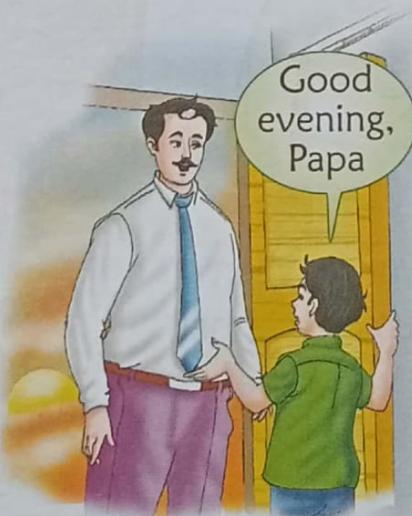
When we meet people we say 'Hello' or 'Namaste'.



We say 'Good morning' when we meet people in the morning.



Good afternoon after 12 noon.

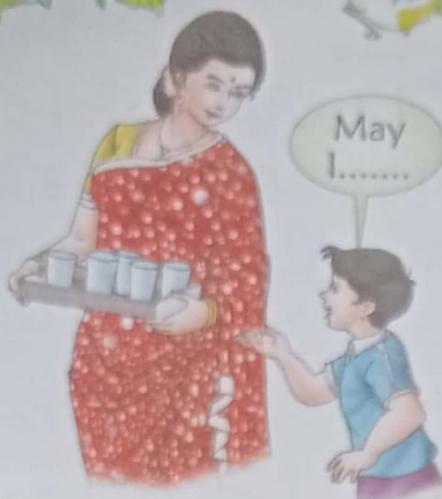


Good evening after the sun sets.

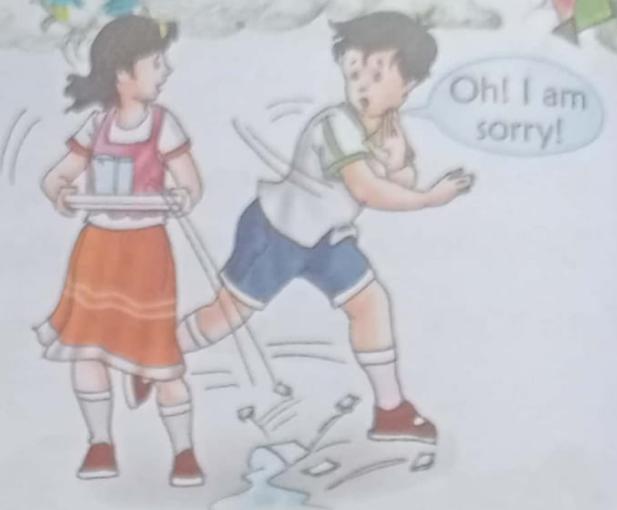


Good night at night.

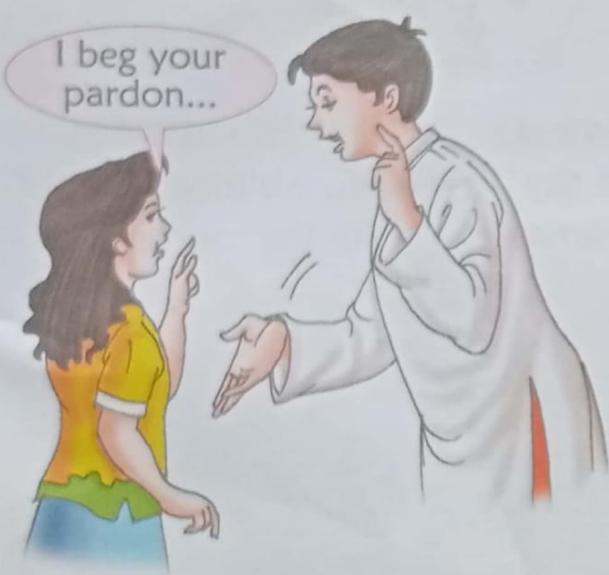




If you need something you always say 'May I ..... , for e.g. May I drink water?



When you make a mistake, you must always say 'Sorry', for e.g. if you break a glass— say 'I am sorry'.



When we miss some words when people are saying, we must say 'I beg your pardon' and they will repeat the words again.



If you need to leave a room full of people or have to leave your classroom you always say 'Please excuse me'.

#### NOTE FOR THE TEACHER

They can be taught the right words used for different times of the day like good morning, good afternoon, good evening and good night. Teacher should tell children about other things they can do for elders, e.g. offering their seats, offering a glass of water, helping them.

## SHAPES AND COLOURS



There are many colours. Some of them are given below. Write their names in the space provided.  
(Golu has done one for you!)

1. ....ORANGE.....
2. ....
3. ....
4. ....
5. ....
6. ....
7. ....
8. ....
9. ....
10. ....

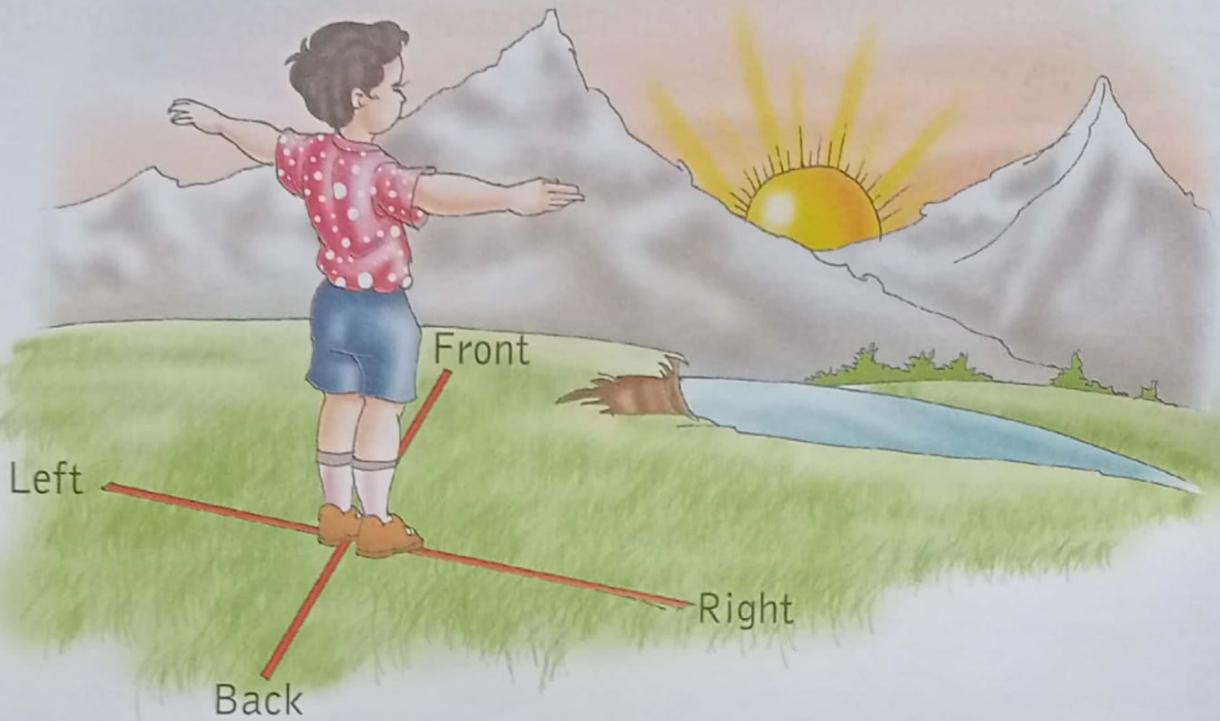


See the different objects and their shapes. Try and match them :

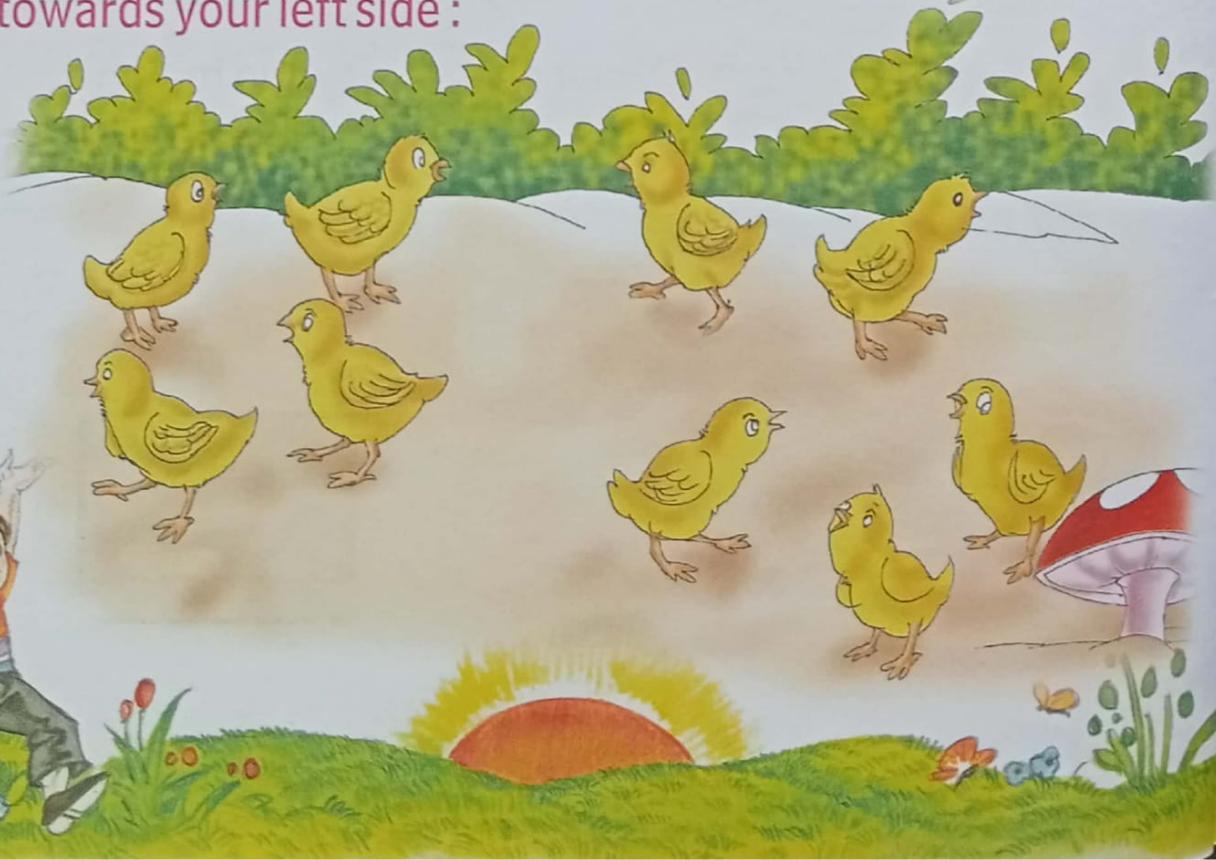


## DIRECTIONS

We have four directions — left, right, front and back.



Look at the picture and circle the chicks which are going towards your left side :



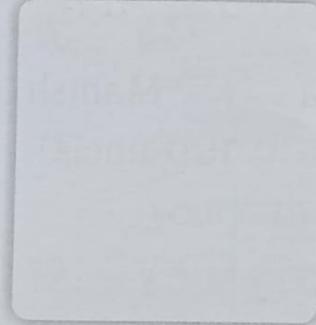
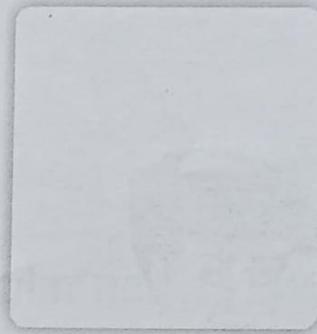
## MY FAMILY

This is a photograph of my family. I live with my father, mother and brother or sister.

Stick photographs in the space provided :

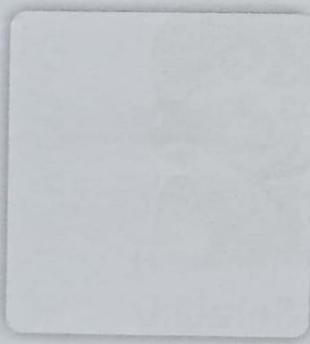


This is my photograph.



This is my sister.

This is my brother.



This is my mother.

This is my father.



### NOTE FOR THE TEACHER

Tell the students to provide details about their family members.



## This is Neha's family tree :



Anil Sharma  
(grandfather)



Sushma Sharma  
grandmother)



Rajesh Pandit  
(grandfather)



Seema Pandit  
grandmother)



Rajeev  
(uncle)



Sanjeev  
(father)



Garima  
mother)



Sarita  
(aunt)



Manish  
uncle)



Parth

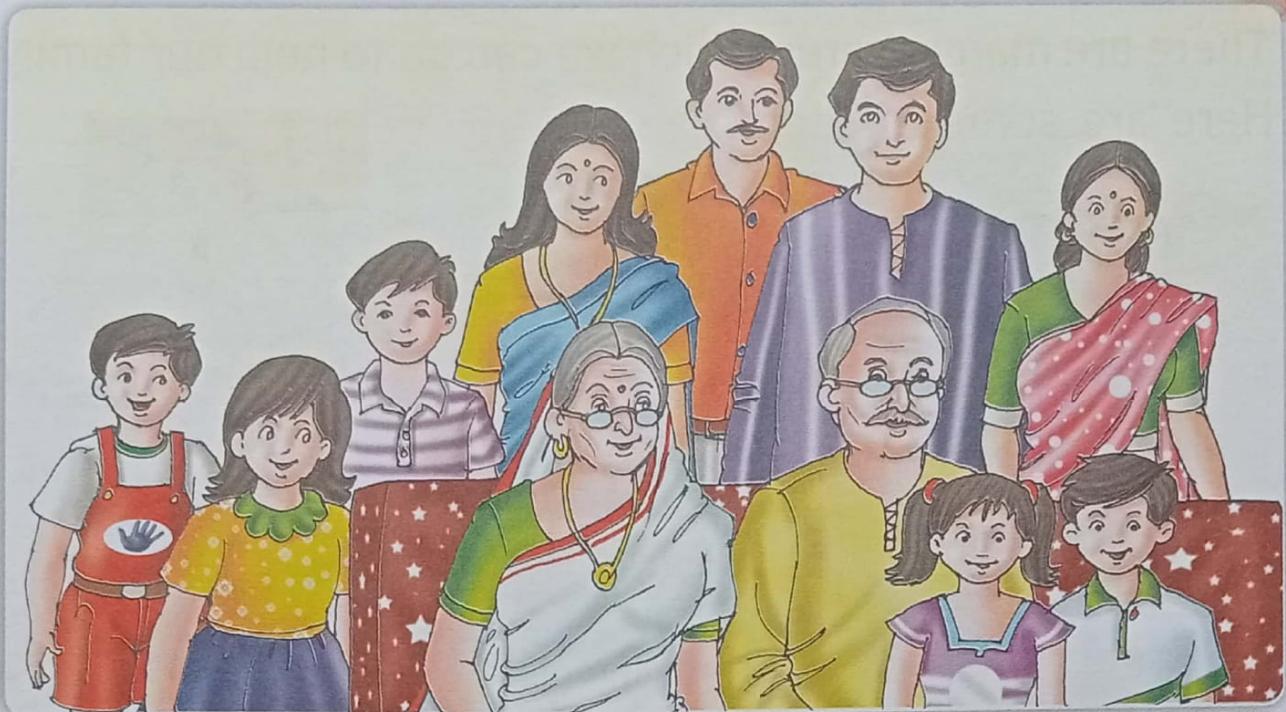


Neha



Surabhi  
(cousin)

This is my big family :



We call our family members by some particular names such as nani, papa, etc.

Now, write what you call or how you address :

1. Your grandfather .....  
(your father's father)
2. Your grandmother .....  
(your father's mother)
3. Your father .....
4. Your mother .....
5. Your uncle .....  
(your father's brother)
6. Your aunt .....  
(your father's sister)

## HELPING AT HOME

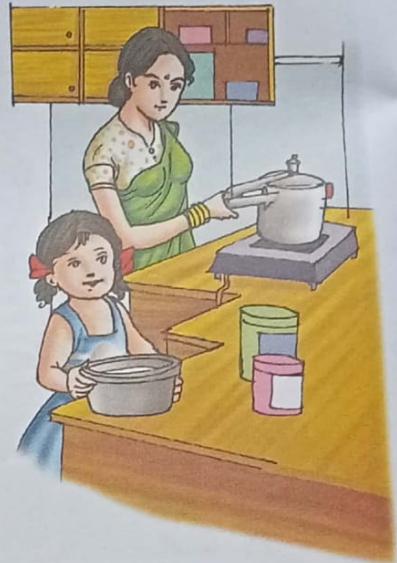
There are many chores which we can do to help our family. Here are some of them.



Keeping toys in their proper place after playing.



Throwing pieces of paper, chocolate wrappers in the bin.



Helping mother in the kitchen.



Taking care of the pet.



Watering plants.



Laying the table.



My house protects me from heat, rain and cold.

My address is .....

My house has bedrooms, a dining room, a drawing room and a kitchen.

It has ..... doors.

It has ..... windows.

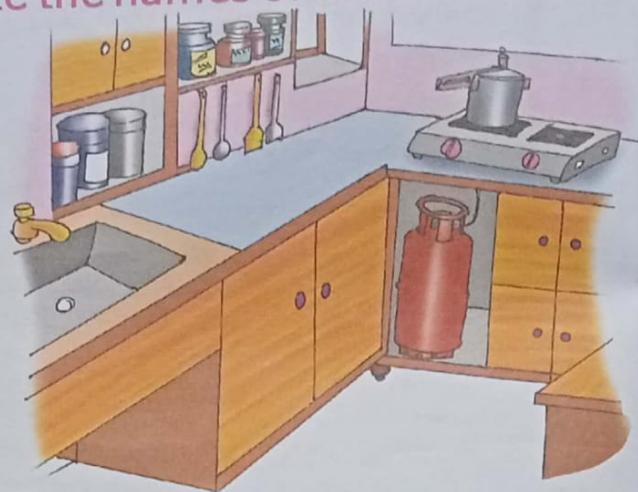
It has ..... rooms.

**NOTE FOR THE TEACHER**

• Tell the children to discuss how their houses provide them safety.

My house has many rooms.

Look at the pictures and write the names of the rooms :



Now complete the sentences with suitable words :

1. We ..... in the bedroom.
2. We ..... food in the dining room.
3. We take a ..... in the bathroom.
4. We ..... food in the kitchen.

Help Box
cook
sleep
bath
eat

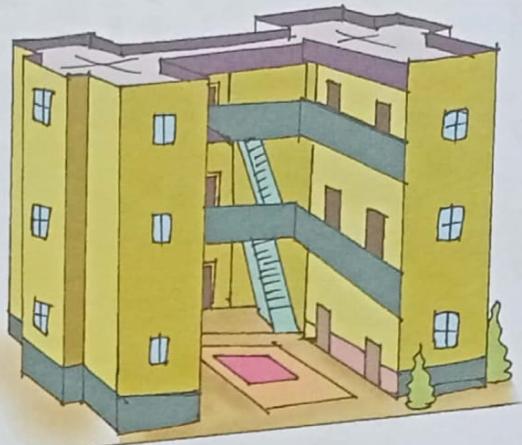
## TYPES OF HOUSES

These are different types of houses.

Tick (✓) the type of house in which you live :



Bungalow



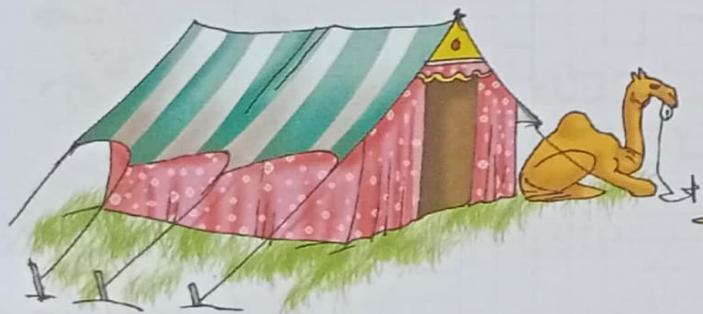
Flat



Kachcha house



Cottage



Tent



House boat



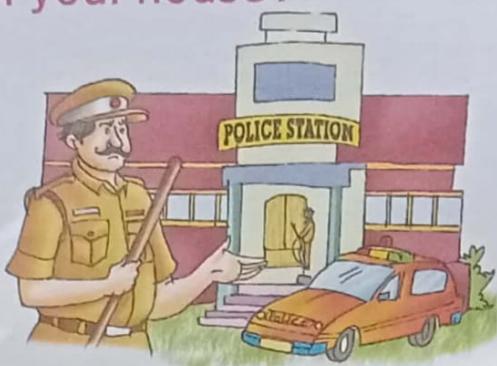
CHAPTER  
14

## IN THE NEIGHBOURHOOD

Tick (✓) the places which are near your house :



1. Post Office



2. Police Station

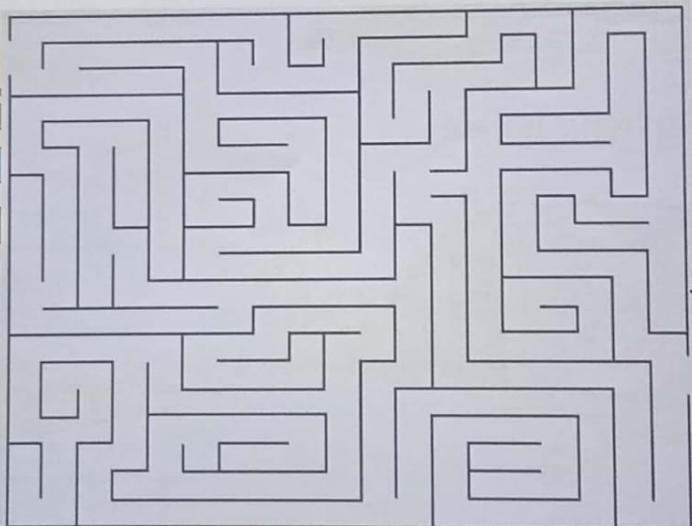


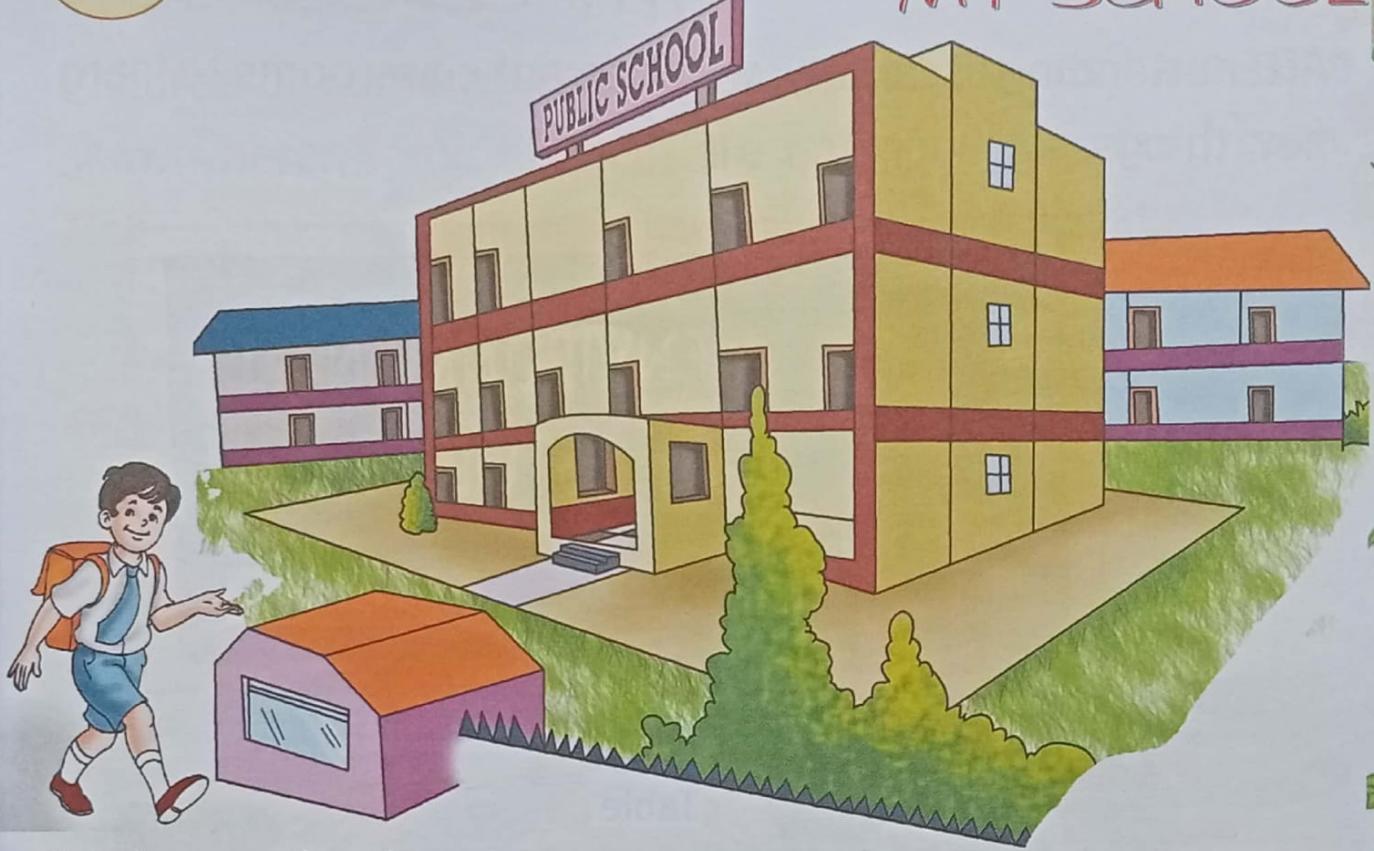
3. Bank



4. Hospital

Mini wants to post a letter. Take her to the post office :





This is my school.

It is a big school.

It has many classrooms.

Now, write something about your school :

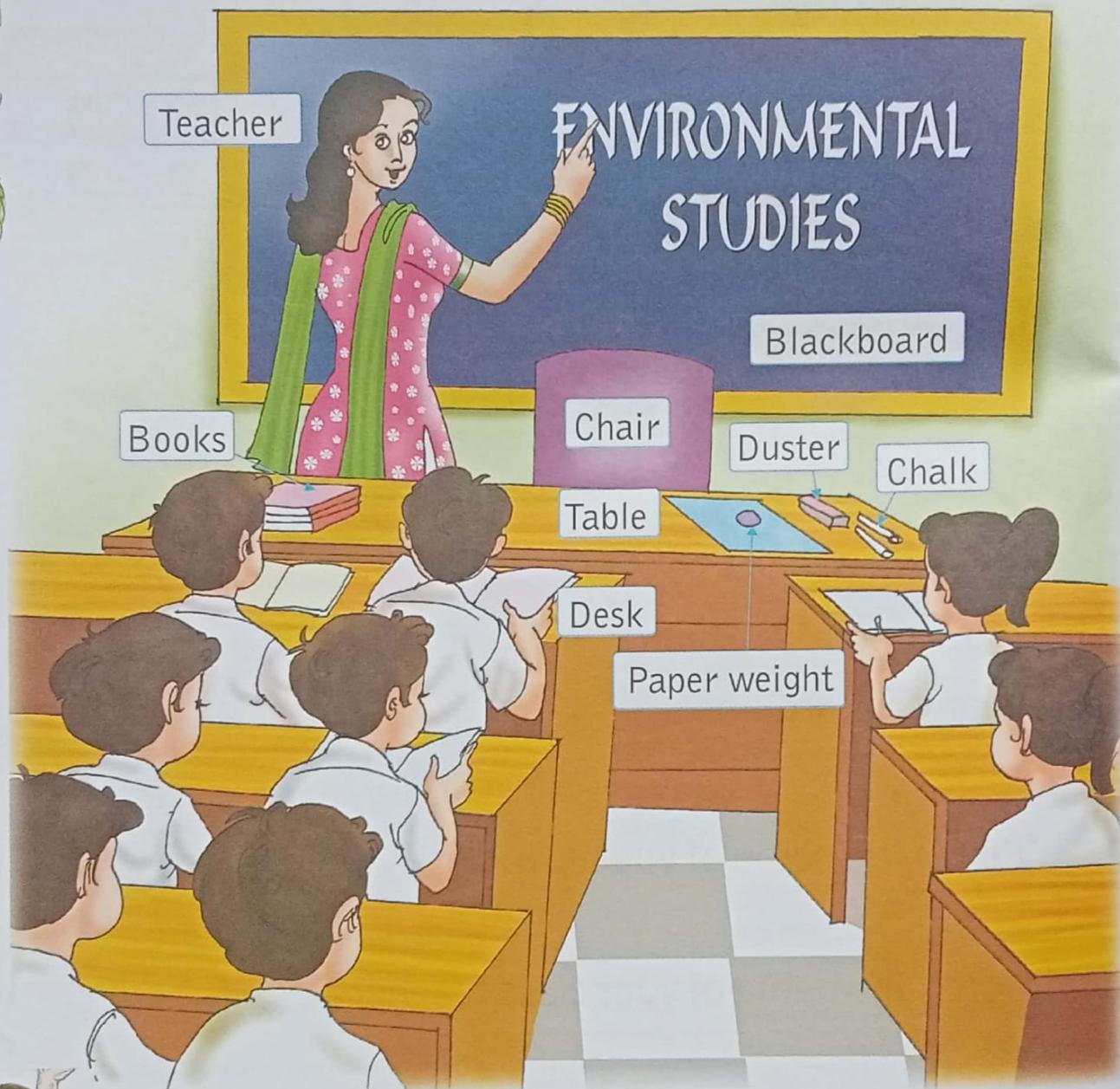
1. What is the name of your school? .....
2. What is the name of your class teacher? .....
3. In which class do you study? .....
4. Which subject do you like the most? .....



CHAPTER  
**16**

## MY CLASSROOM

After attending assembly, we go to our classrooms to learn new things.

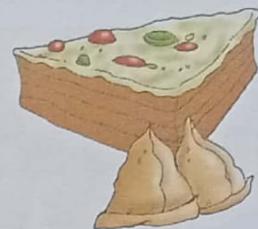
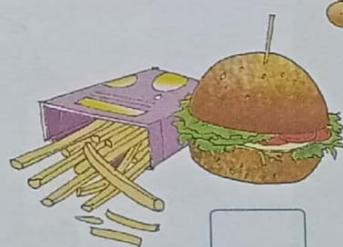
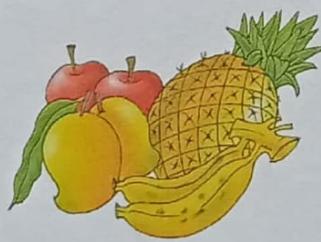
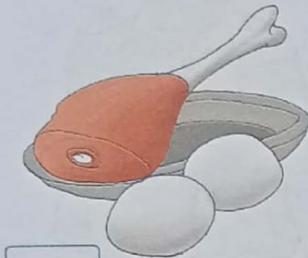


**NOTE FOR THE TEACHER**

- Make sure that the students are attentive to what is being taught in the classroom.

Pictures of some of your favourite food items have been shown here. Some of them are not good for your health.

Tick (✓) the healthy food items which you should eat :



Now write :

1. My favourite food item is .....
2. My favourite drink is .....

## MY CLOTHES

Pictures of different types of clothes are shown here. We wear clothes to cover our bodies. They protect us from heat and cold.



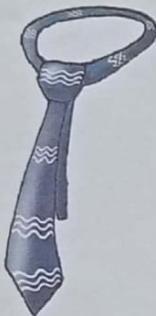
Shorts



Sweater



Jacket



Tie



T-Shirt



Frock



Trousers



Shirt



Skirt

My favourite dress is .....

## CLOTHES AND SEASONS

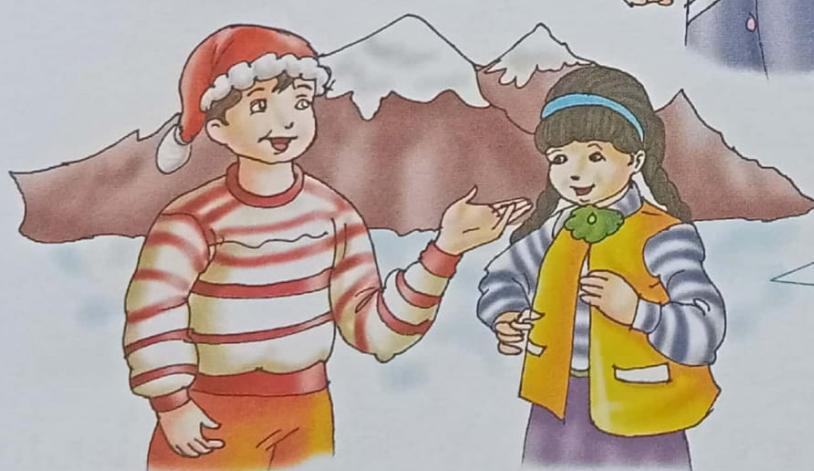
Clothes cover our body and protect us.



We wear cotton clothes in Summer.



We wear raincoats in the Rainy season.



We wear woollen clothes in Winter.

**NOTE FOR THE TEACHER**

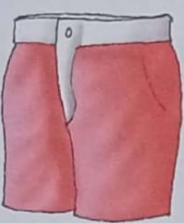
- Ask the students to bring their favourite clothes to class. After they have spread out their clothes on their desks, discuss the different types of clothes we wear in different seasons.



Tick (✓) the clothes which you wear in the following seasons:



Summer



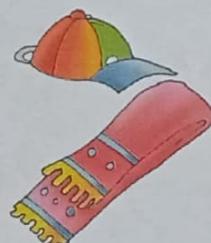
Winter



Spring



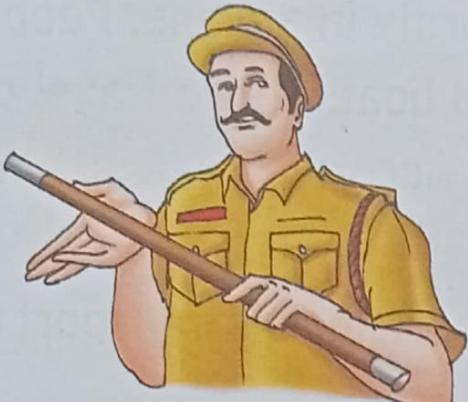
Rainy season



When you are wearing woollens in winter to protect yourself, what do you think Golu does to keep himself warm?

## PEOPLE WHO HELP US

Complete the names of the people who help us, by filling in the missing letters in the blanks :



P \_ li \_ eman



T \_ ac \_ e



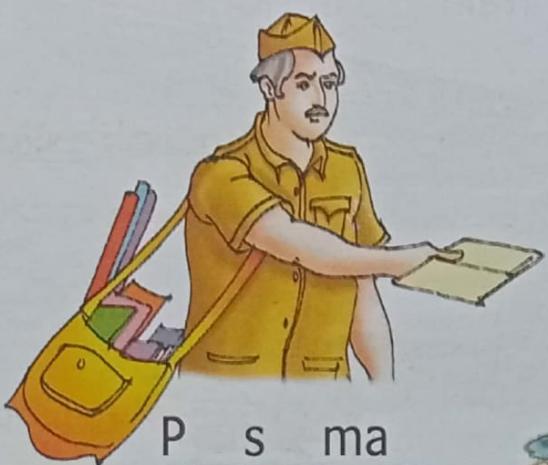
Do \_ to \_



Fa \_ m \_ r



\_ ai \_ or



P \_ s \_ ma \_



## OUR MEANS OF TRANSPORT

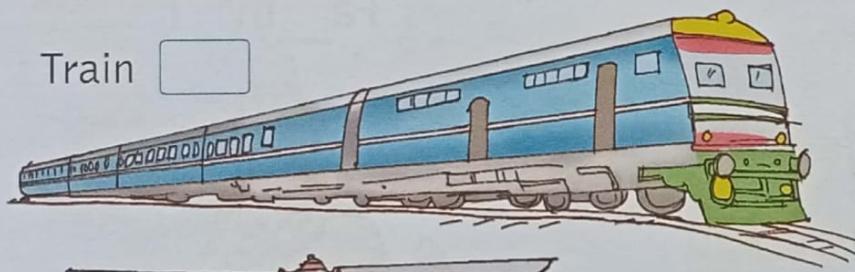
If we need to go to a place, we usually travel in a bus, auto rickshaw or car. Sometimes, we have to visit far off places—then we travel in a train or fly in a plane. People living close to rivers will travel in a boat. So we travel on land, through air and on water. Accordingly, we have different types of transport.

We use water transport, land transport and air transport to move from one place to another.



Now look at the pictures and write 'L' for land transport, 'W' for water transport and 'A' for air transport :

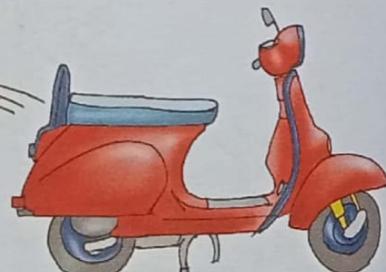
Train



Helicopter

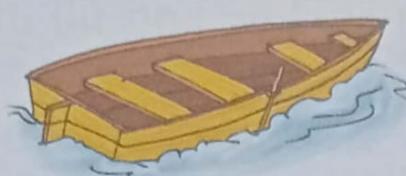


Scooter





Truck



Boat



Bus



Autorickshaw



Tonga



Motorcycle

Vehicles run on wheels.

Observe them carefully and fill in the blanks :

A bicycle has ..... wheels.

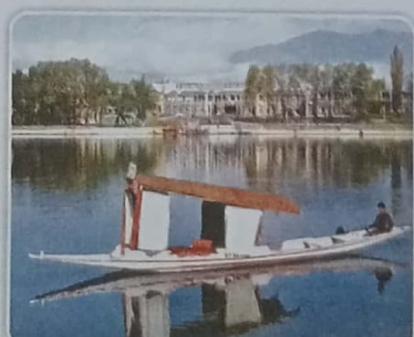
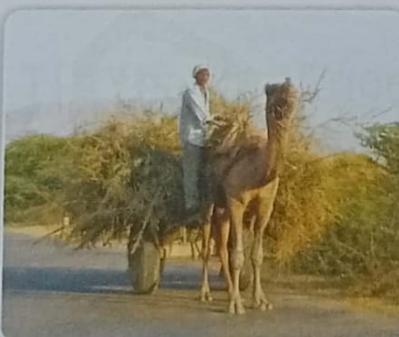
A bus has ..... wheels.

A tonga has ..... wheels.

An autorickshaw has ..... wheels.

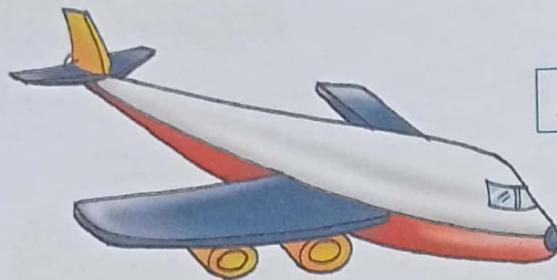
A car has ..... wheels.

Write where the following means of transport are used :



Look at the pictures below and fill in the boxes with the correct letters :

1.



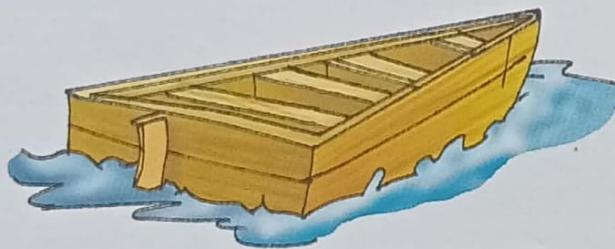
A  R O  A  E

2.

B  S



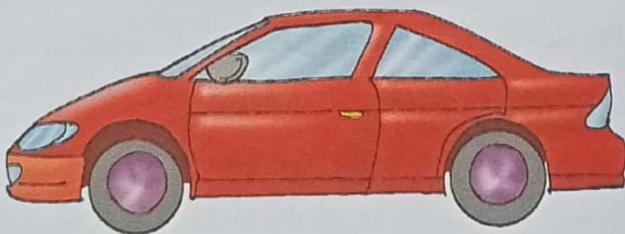
3.



B  A T

4.

C



5.

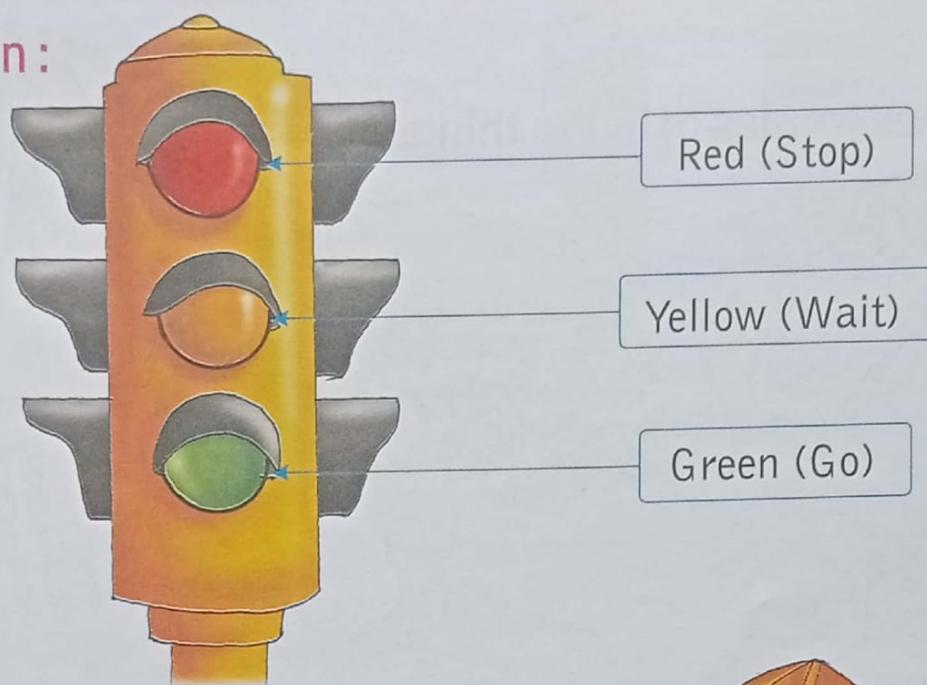


S   P

## TRAFFIC SIGNALS

Traffic rules are made for our safety.

Look at the colours of the traffic lights and read what they mean :



Fill in the blanks and make a poem.

\_\_\_\_\_ Light, \_\_\_\_\_ light !

What do you say?

I say stop! Stop! Stop right away;

\_\_\_\_\_ Light, \_\_\_\_\_ light !

What do you say?

I say wait ! Wait ! Till the light goes green;

\_\_\_\_\_ Light, \_\_\_\_\_ light !

What do you say?

I say "Go and go right away."



## THINGS AROUND US

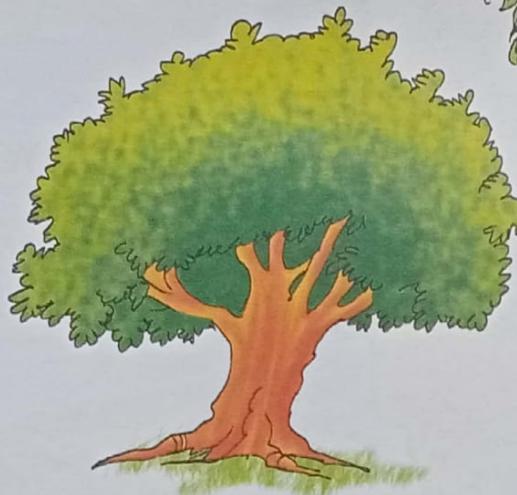
Living things are those which eat, move and grow whereas non-living things are those which cannot move on their own.

### Living things

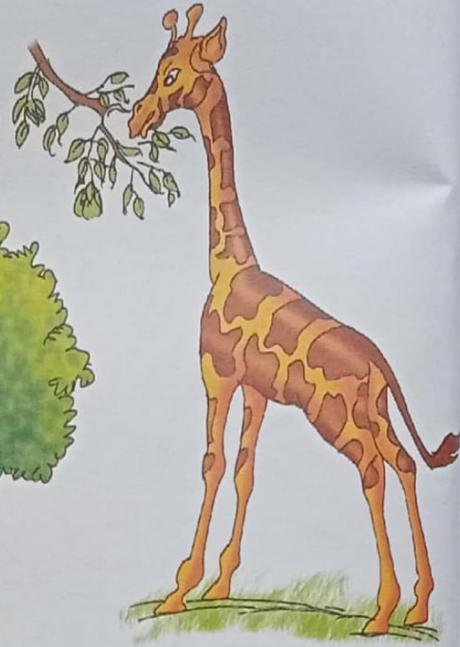
Some examples of living things are —



Boy



Tree



Animal

### Non-living things

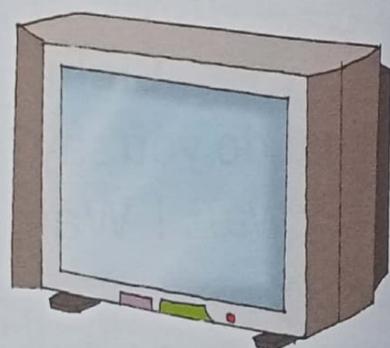
Some examples of non-living things are —



Toy



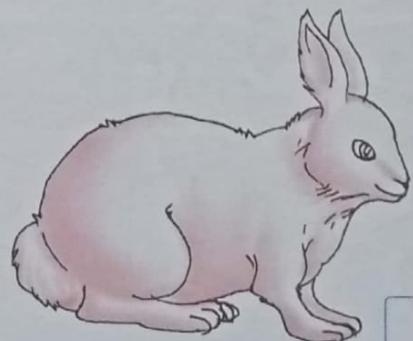
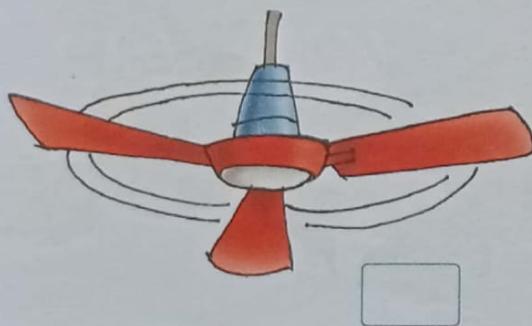
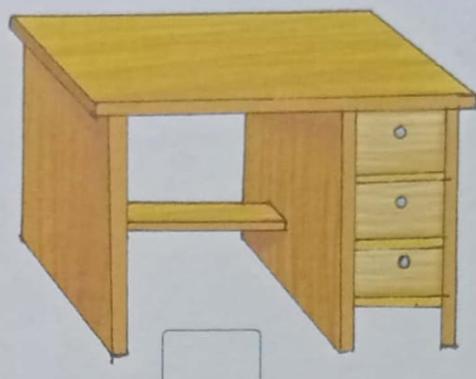
Chair



Television

What about Golu? Is he living or non-living?

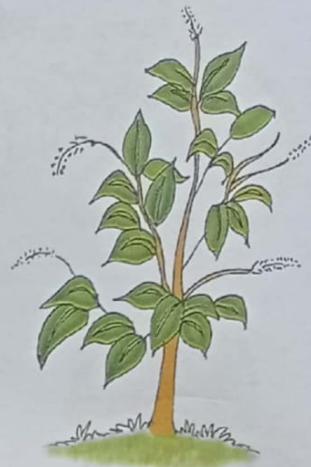
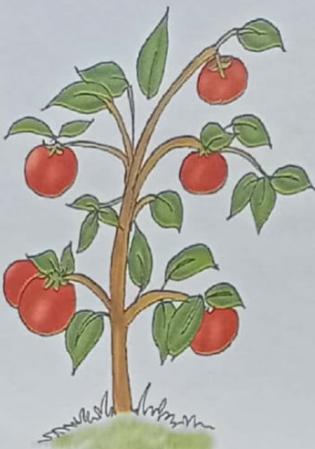
Look at these pictures. Write 'L' for living things and 'N' for non-living things in the given boxes :



## PLANTS AROUND US

Plants provide us with fruits, vegetables, flowers, wood, etc.

Write their names with the help of the given pictures :



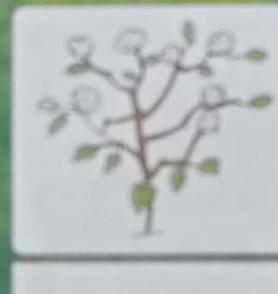
### NOTE FOR THE TEACHER

Each child will grow their own plant. They will need to bring in small glass jars, cotton wool and seeds. Teach them to place cotton wool in the jar, water it and place the seeds. They can keep their jars on the window sill in school and see seedlings sprouting from the seeds. They will also learn to water their plants! So, they learn that plants grow from seeds. Secondly, they will see the plant growing may bear flowers. Growth occurs only in living things.

## USEFUL THINGS WE GET FROM PLANTS

Given below are pictures of useful things we get from plants.

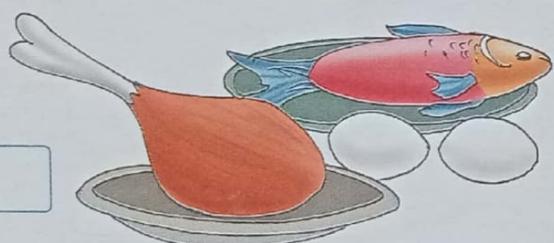
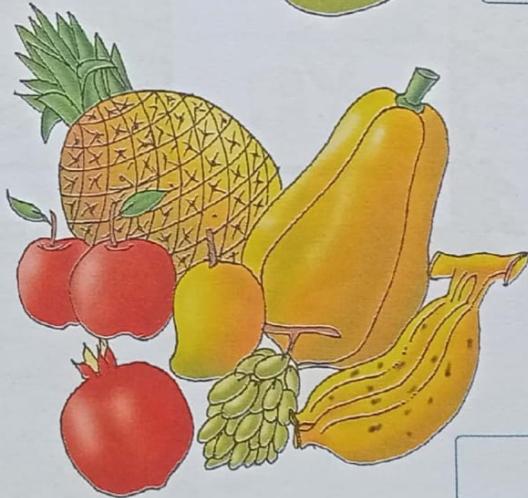
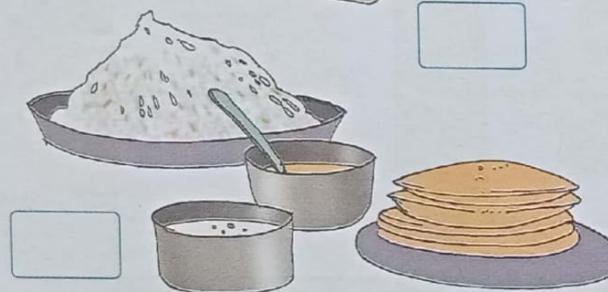
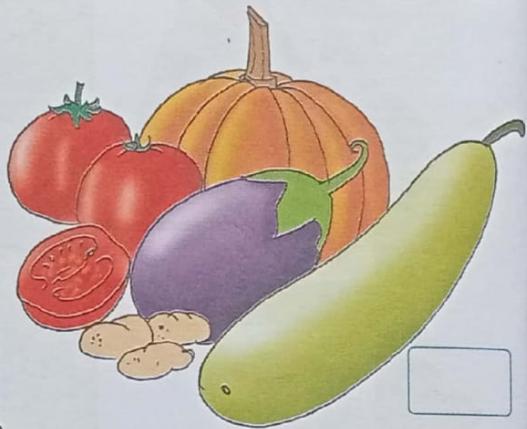
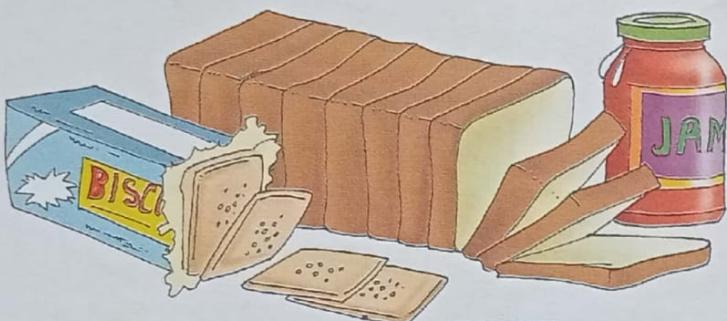
Name them :



Golu wants you to find out the names of trees from which we get different types of nuts, e.g. peanuts come from the groundnut plant.

## OUR FOOD

The food we get from plants is called vegetarian food and the food we get from animals is called non-vegetarian food. Write 'V' for vegetarian food and 'N' for non-vegetarian food in the given boxes :



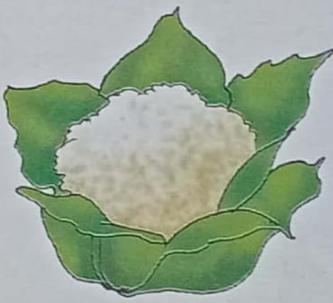
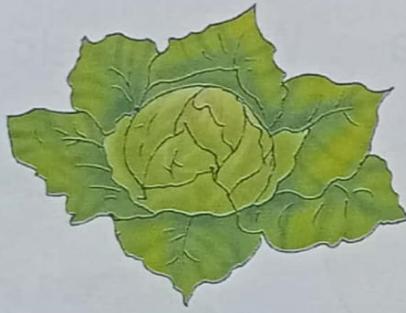
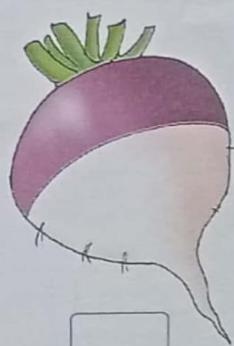
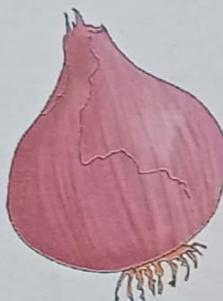
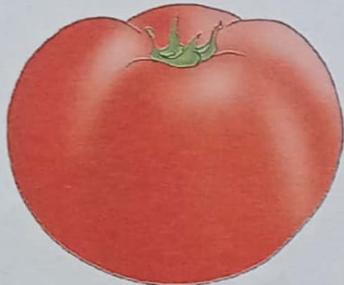
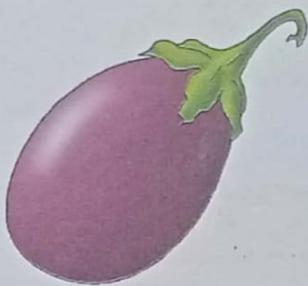
Write down what you eat during different meals :

1. What I eat for breakfast .....
2. What I eat for lunch .....
3. What I eat at tea .....
4. What I eat for dinner .....

## VEGETABLES

Some vegetables grow above the ground and some grow under the ground.

Tick (✓) the vegetables which grow under the ground :

**NOTE FOR THE TEACHER**

Ask the students to bring one type of vegetable to class. Place them on the teacher's table. Identify them and inform the children which grow above the soil, and which grow below.



Some fruits are sweet and some sour in taste.

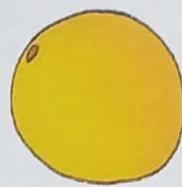
Given below are the pictures of some fruits. Identify them and complete their names. Write on the picture **SOUR** or **SWEET** according to their taste.  
(Golu has done one for you!)



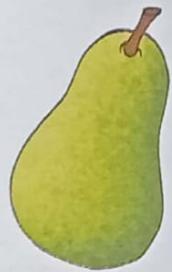
A \_ pl \_



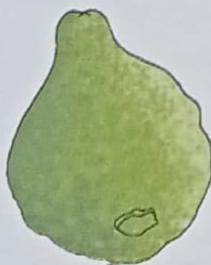
Ba \_ a \_ a



L \_ m \_ n



P \_ \_ r



G \_ av \_



O \_ a \_ g \_



A \_ \_ a



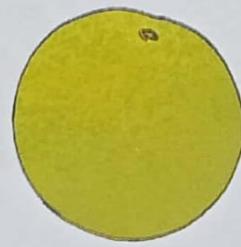
W \_ ter \_ elo \_



an \_ o



St \_ a \_ be \_ ry



S \_ ee \_  
L \_ m \_ n



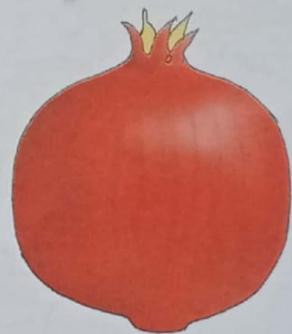
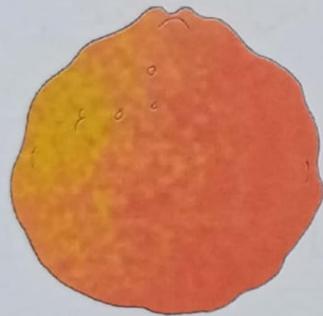
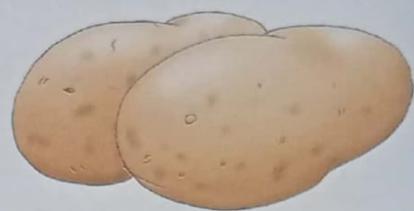
Gr \_ pe \_

**NOTE FOR THE TEACHER**

Advise the students to eat fruits. Tell them sour fruits are called citrus fruits.

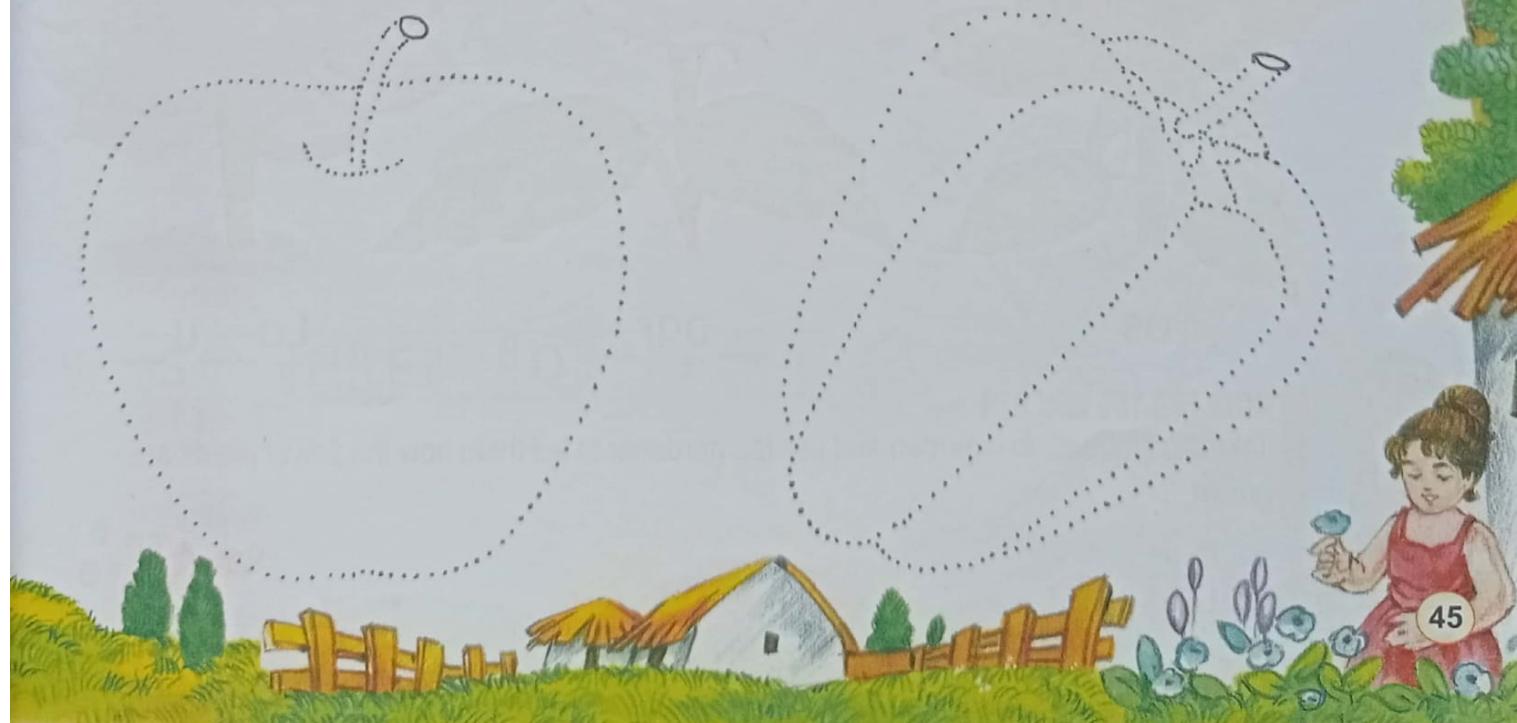
You know that fruits are different from vegetables.

Look at the pictures carefully and write 'F' for fruits and 'V' for vegetables :



Colour this apple red :

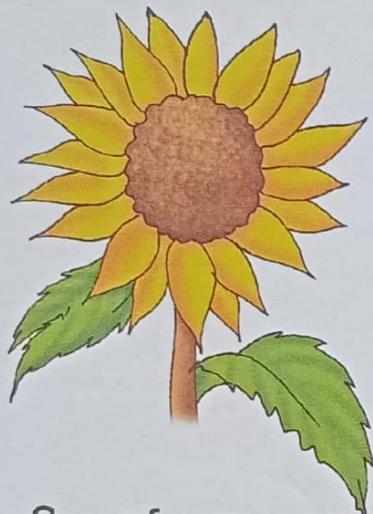
Colour this capsicum green :



# FLOWERS

Flowers are of various shapes, sizes and colours. They are beautiful.

Look at the pictures of the flowers given below and complete their names :



S \_ nf \_ o \_ er



\_ i \_ y



M \_ r \_ go \_ d



\_ os \_



\_ ogr \_



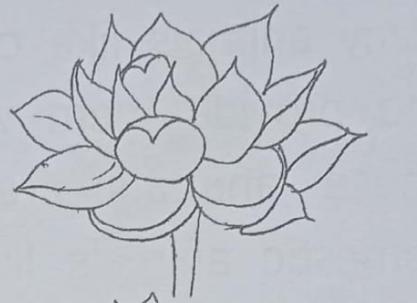
\_ lo \_ u \_

**NOTE FOR THE TEACHER**

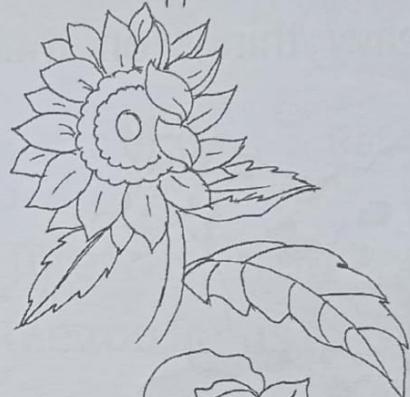
Take the students to a garden and ask the gardener to tell them how the flower plants are grown.

Complete the names of the flowers, match the pictures with the names of the flowers and colour them as well:

1. R  S



2. L  L  Y



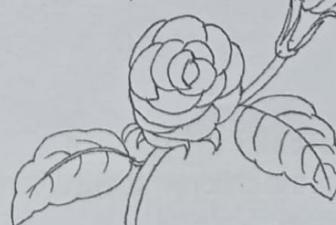
3. L  T  S



4. M  G  A



5. S  N F  O  E



## ANIMAL KINGDOM

## Domestic Animals

Many animals like cows, hens and pigs live with people and provide them with food like milk, eggs and meat. These animals are called domestic animals. Some domestic animals like horses, donkeys and mules carry heavy things on their backs and also transport people.



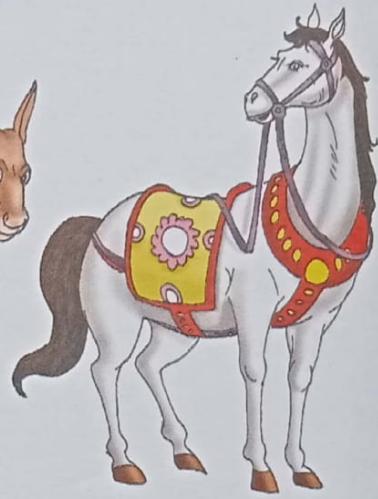
Cow



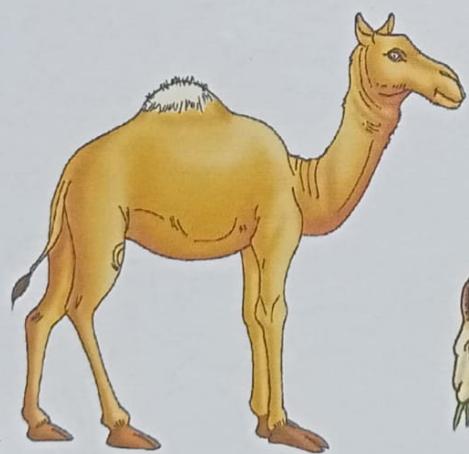
Hen



Donkey



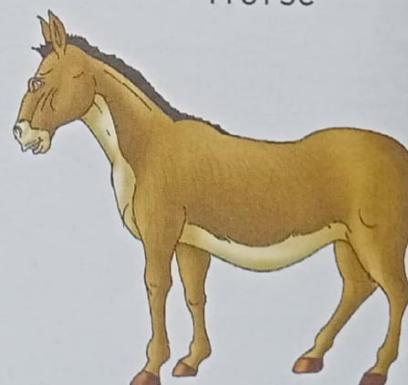
Horse



Camel



Goat



Mule

## NOTE FOR THE TEACHER

• Tell the children about different categories of animals, their sizes and shapes.

## Pet Animals

Some animals are kept in homes. They are our friends and love us very much.



Dog



Parrot



Cat



Rabbit

## Wild Animals

Wild animals live in the forest. The forest is their home. Some wild animals are kept in cages in the zoo for us to see.



Hippopotamus



Elephant



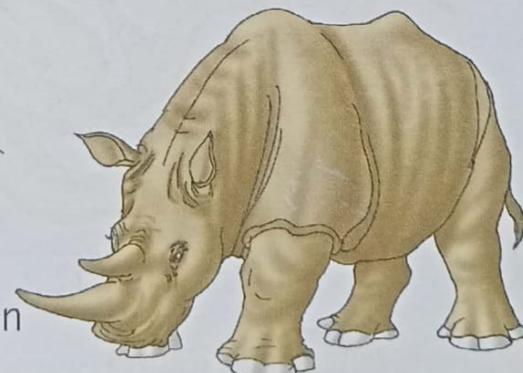
Bear



Tiger



Lion

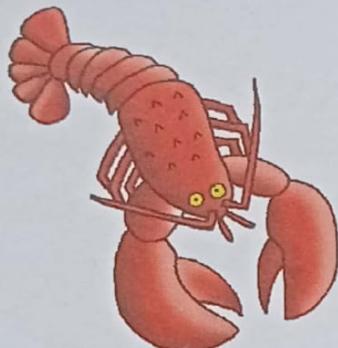


Rhinoceros

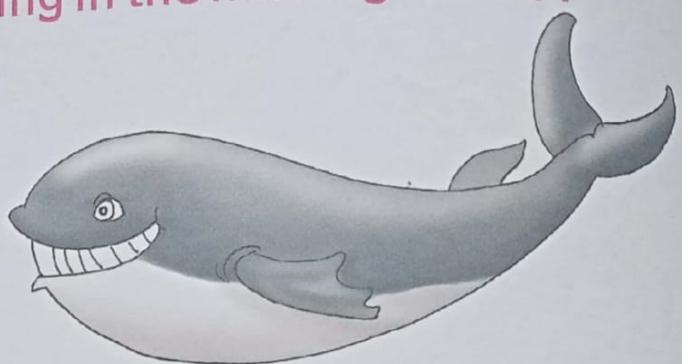


# WATER ANIMALS

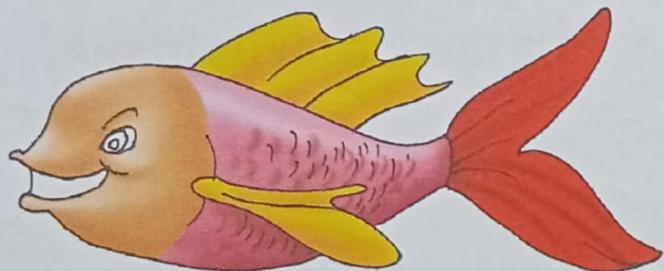
Given below are the pictures of some water animals.  
Complete their names by filling in the missing letters:



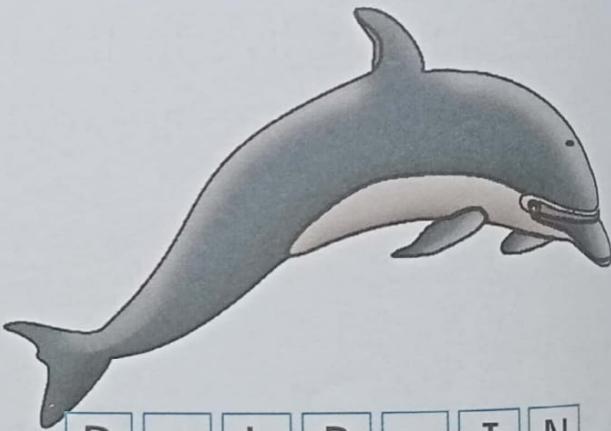
L  B    R



H  L E



I S



D  L P  I N



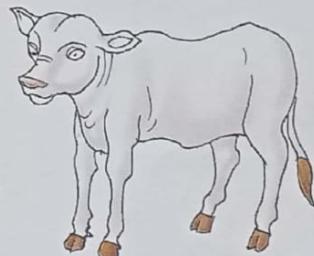
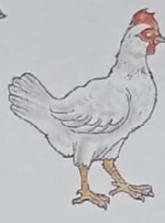
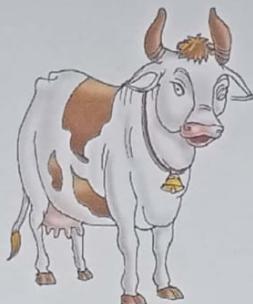
O C  O  U S

#### NOTE FOR THE TEACHER

Tell the students why the water animals cannot live on land.

## ANIMALS AND THEIR BABIES

Draw lines and match the animals in the first row with their babies in the second row :



Golu wants you to find out the names of the baby animals. (Golu has done one for you already!) You can also write down names of animals and their babies not shown in the book.



### Animals

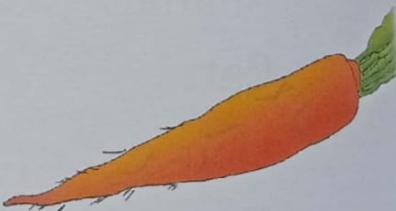
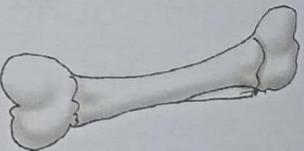
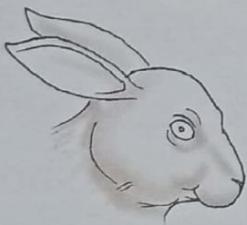
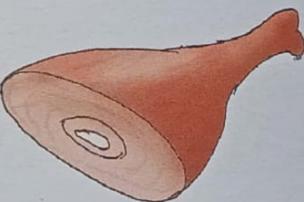
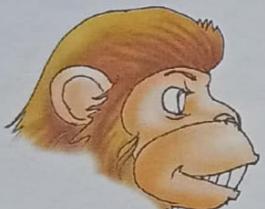
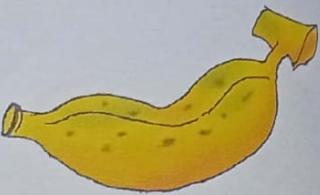
1. Cat
2. Lion
3. Cow
4. Dog
5. Hen

### Babies

Kitten

## ANIMALS AND THEIR FOOD

Join these animals to their food with lines :



### NOTE FOR THE TEACHER

Tell the students about carnivorous and herbivorous animals.

## ANIMALS AND THEIR HOMES

All animals have houses to live in. **Read and learn :**



Horse—Stable



Monkey—Tree



Dog—Kennel



Rabbit—Burrow

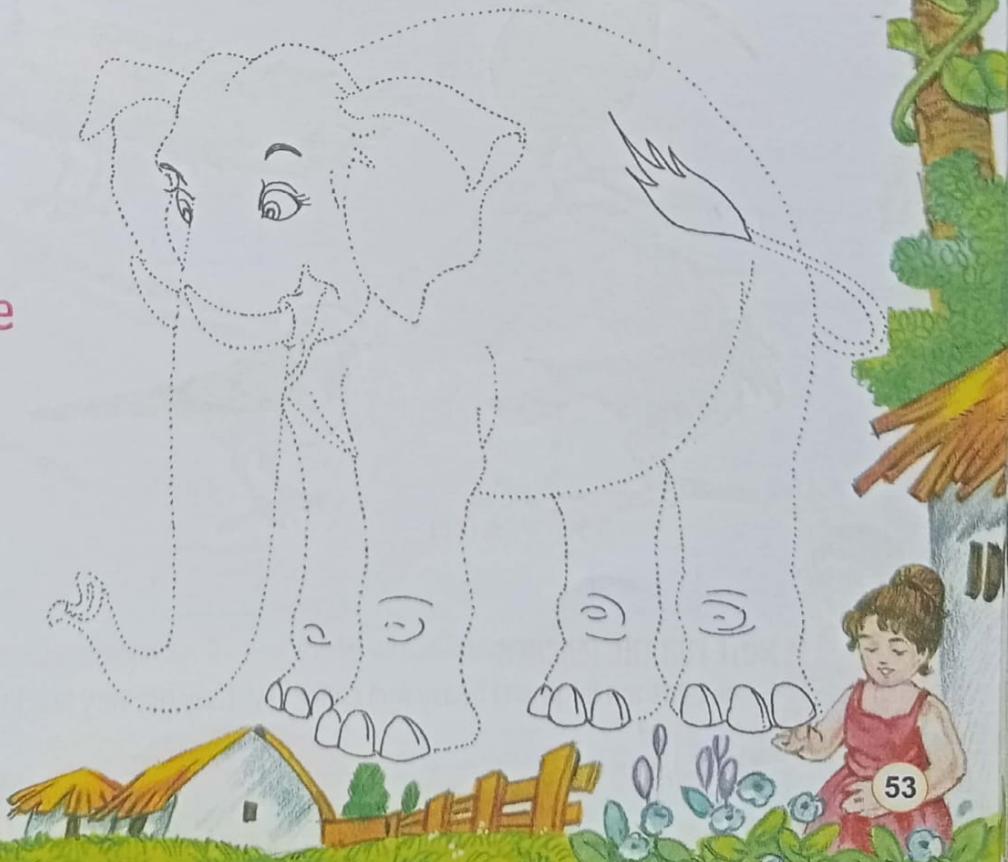


Cow—Cow-Shed



Lion—Den

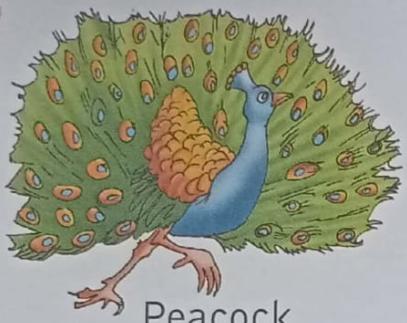
Join the dots to complete the picture of this elephant and colour it :



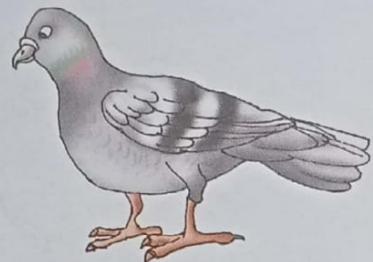
CHAPTER  
35

# BIRDS

Birds have two legs. They have wings to fly in the air.



Peacock



Pigeon



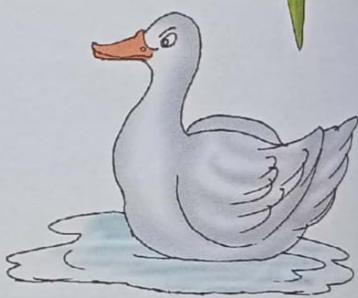
Parrot



Crow

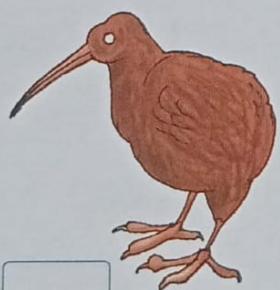


Sparrow



Duck

Tick (✓) below the birds which cannot fly :



#### NOTE FOR THE TEACHER

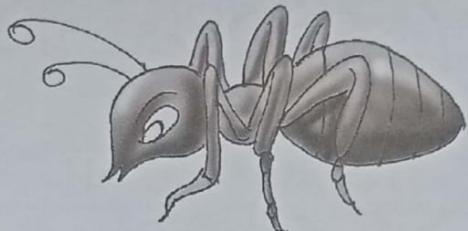
Some birds are large and heavy and cannot fly. They run very fast to protect themselves from preying animals.

## INSECTS

Insects are tiny creatures. Most of them have six legs.



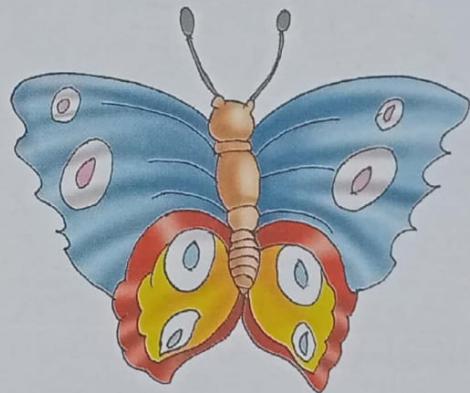
Cockroach



Ant



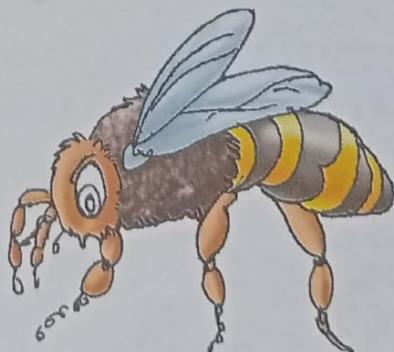
Spider



Butterfly



Mosquito



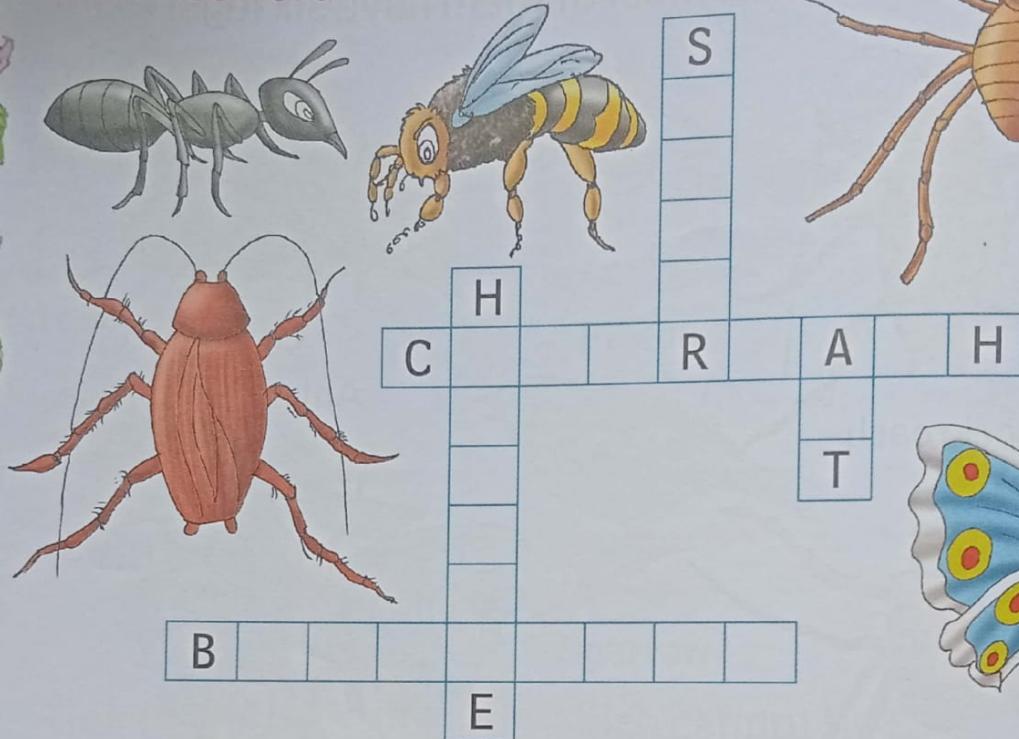
Honey bee

**NOTE FOR THE TEACHER**

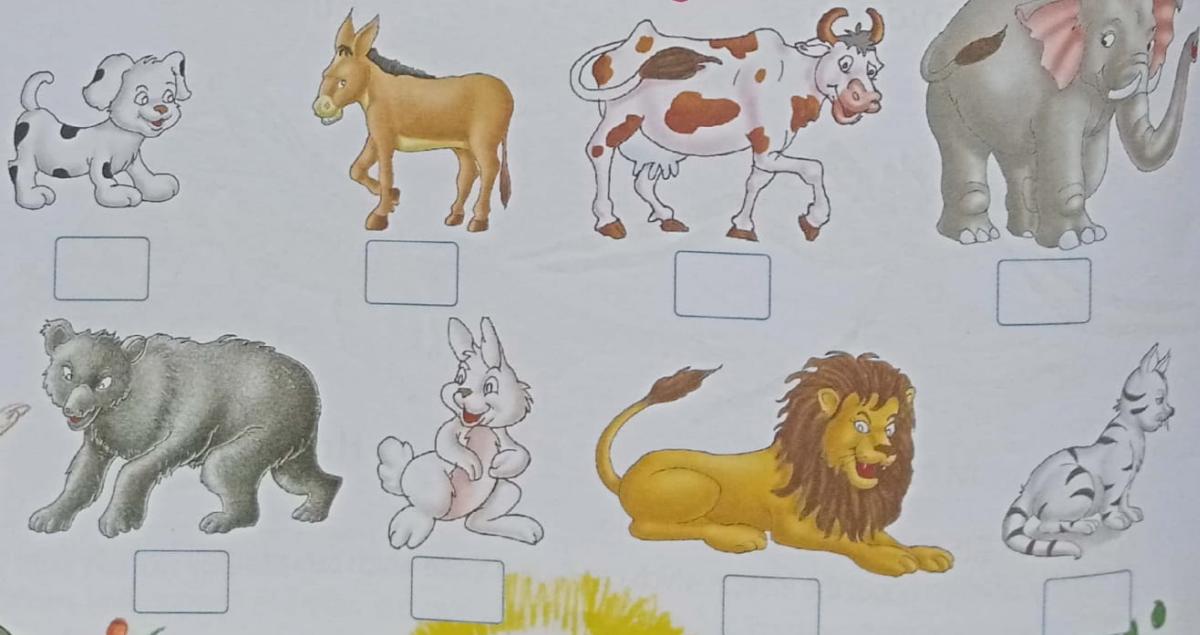
- Tell the children about the insects which can fly and those which cannot.



Look at the pictures of insects and complete their names in the crossword :



Look at these pictures and write 'W' for wild animals and 'D' for domestic animals in the boxes given :



Air is all around us. All living things need air to breathe. We cannot live without air.

Tick (✓) the picture which shows movement of air :

**NOTE FOR THE TEACHER**

Tell the students about oxygen which all living beings need to live.

When air is moving, it's called wind.

Colour this picture and tick the objects which show the effect of wind:



## SOURCES OF WATER

We get water from many sources like rain, river, sea, lake etc.

Look at these pictures of sources of water and write their names :



### NOTE FOR THE TEACHER

Explain to the children that rain, snow, etc. comes from clouds. Clouds hold water. When it rains, this water is held in rivers, lakes, wells and seas.

# USES OF WATER

We use water in many ways.



Drinking



Cooking



Bathing



Washing



Cleaning



Putting out fires

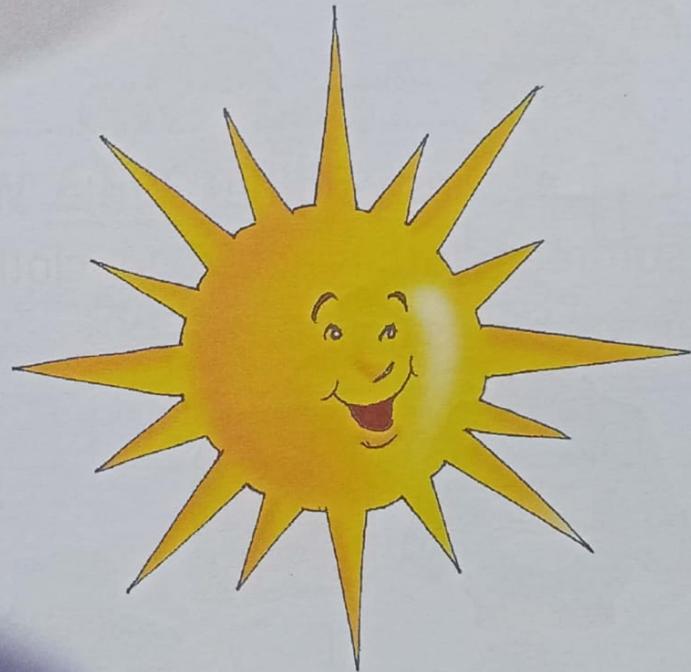


## OUR UNIVERSE



Our **Earth** is round like  
a ball.

We live on it.



This is the **Sun**.

It gives us light.

It is very hot.



**Moon** and **Stars** can  
be seen in the sky at  
night.

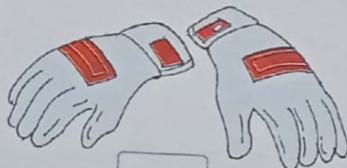


## OUR SEASONS

Look at the pictures below. Write in the given spaces which season each of them shows:



Look at these clothes. Write 'W' for winter clothes, 'S' for summer clothes and 'R' for clothes used in the rainy season in the boxes given :



### NOTE FOR THE TEACHER

Tell the students how woollen clothes keep us warm in winter. Explain why a raincoat keeps us dry.

When the sun shines in the sky, it is 'morning'. When the sun is high in the sky and our watches show 12 O' clock, it is 'noon'. After 12 O' clock, it is 'afternoon'. When the sun sets, 'evening' begins. When the moon and stars are shining in the sky, it is 'night'.

Take a look at the pictures below and write morning, afternoon, evening or night in the boxes:

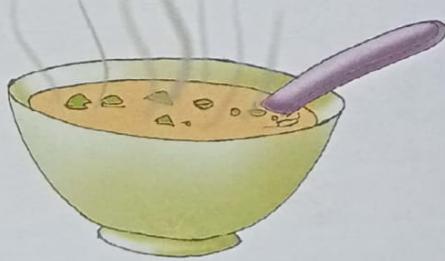
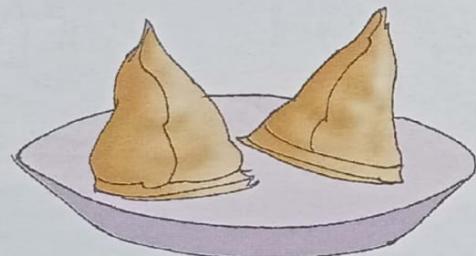
**NOTE FOR THE TEACHER**

- Explain the concept of sunrise and sunset.



## HOT AND COLD

Some dishes are taken when they are hot and others quite cold. Write 'H' for hot dishes and 'C' for cold dishes :



## NOTE FOR THE TEACHER

Tell the students why the dishes which are too hot or too cold are harmful for health.

## SOFT AND HARD

When we touch something, it feels either hard or soft.

Look at the pictures of some hard and soft things :



Cotton



Jelly

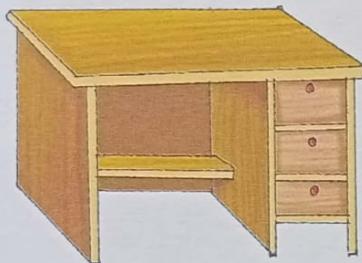


Cake



Flower

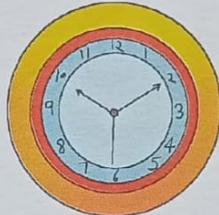
### Soft things



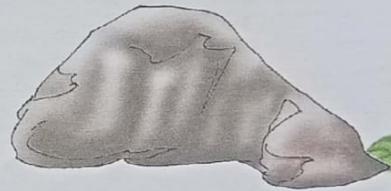
Table



Helmet



Clock



Stone

### Hard things



Golu, your friend, wants you to make a list of hard and soft things you find at home and in your school. (He has done one for you!)

### Hard things

1. .... Desk .....
2. .... .....
3. .... .....
4. .... .....

### Soft things

- ..... Curtains .....
- ..... .....
- ..... .....
- ..... .....

#### NOTE FOR THE TEACHER

Tell the students how helmets protect our heads.



## OUR FESTIVALS

Festivals are celebrated with a lot of fun and joy. We enjoy them very much.

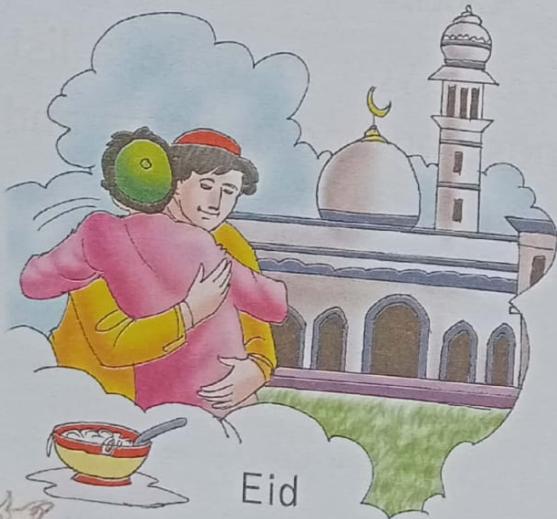
Circle the festival which you celebrate :



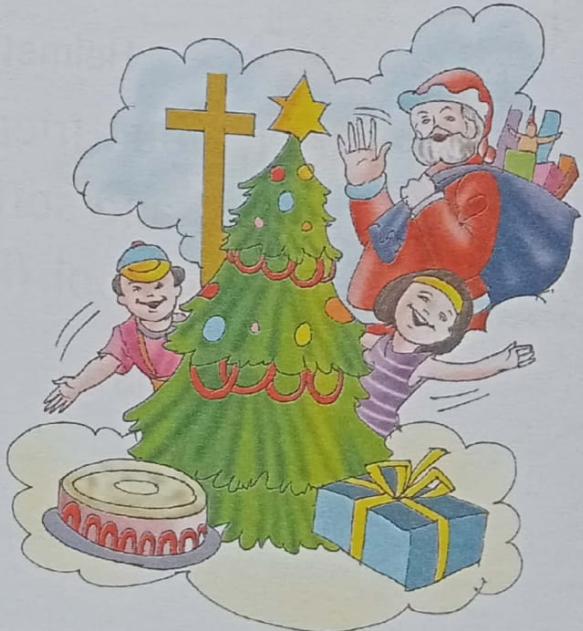
Diwali



Guruparv



Eid



Christmas

## NOTE FOR THE TEACHER

• Tell the students that we should respect the festivals of other religions.

## NATIONAL AND SPECIAL FESTIVALS

In column A the pictures of some national festivals are given. Match them with the pictures given in column B :

### Column A

1.



Republic Day

2.



Independence Day

3.



Gandhi Jayanti

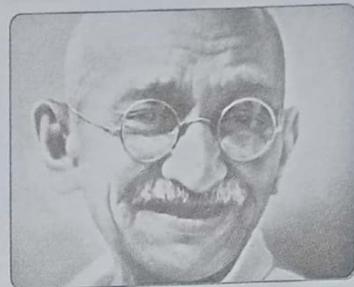
4.



Children's Day

### Column B

a.



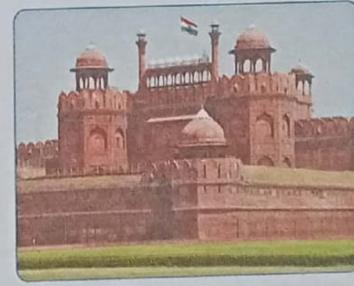
Mahatma Gandhi

b.



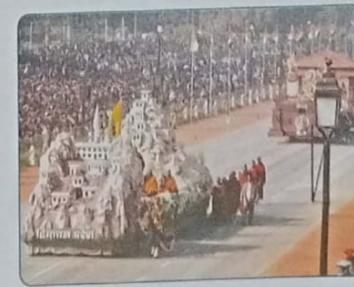
Jawaharlal Nehru

c.



Red Fort

d.

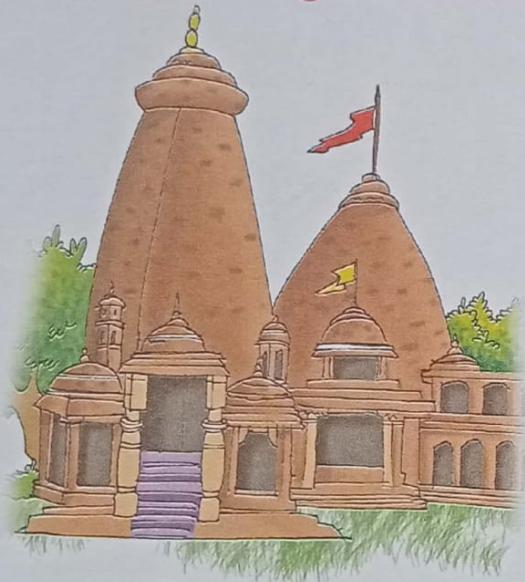


Parade

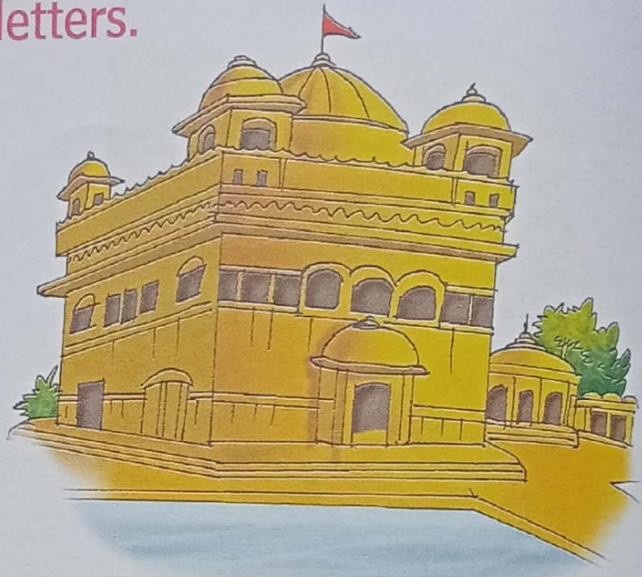
## PLACES OF WORSHIP

In every religion people worship in a special place.

The pictures below show these special places. Complete their names by writing the missing letters.



T \_ m \_ l



G \_ ru \_ w \_ r



M \_ sq \_ e



Ch \_ r \_ h

**NOTE FOR THE TEACHER**

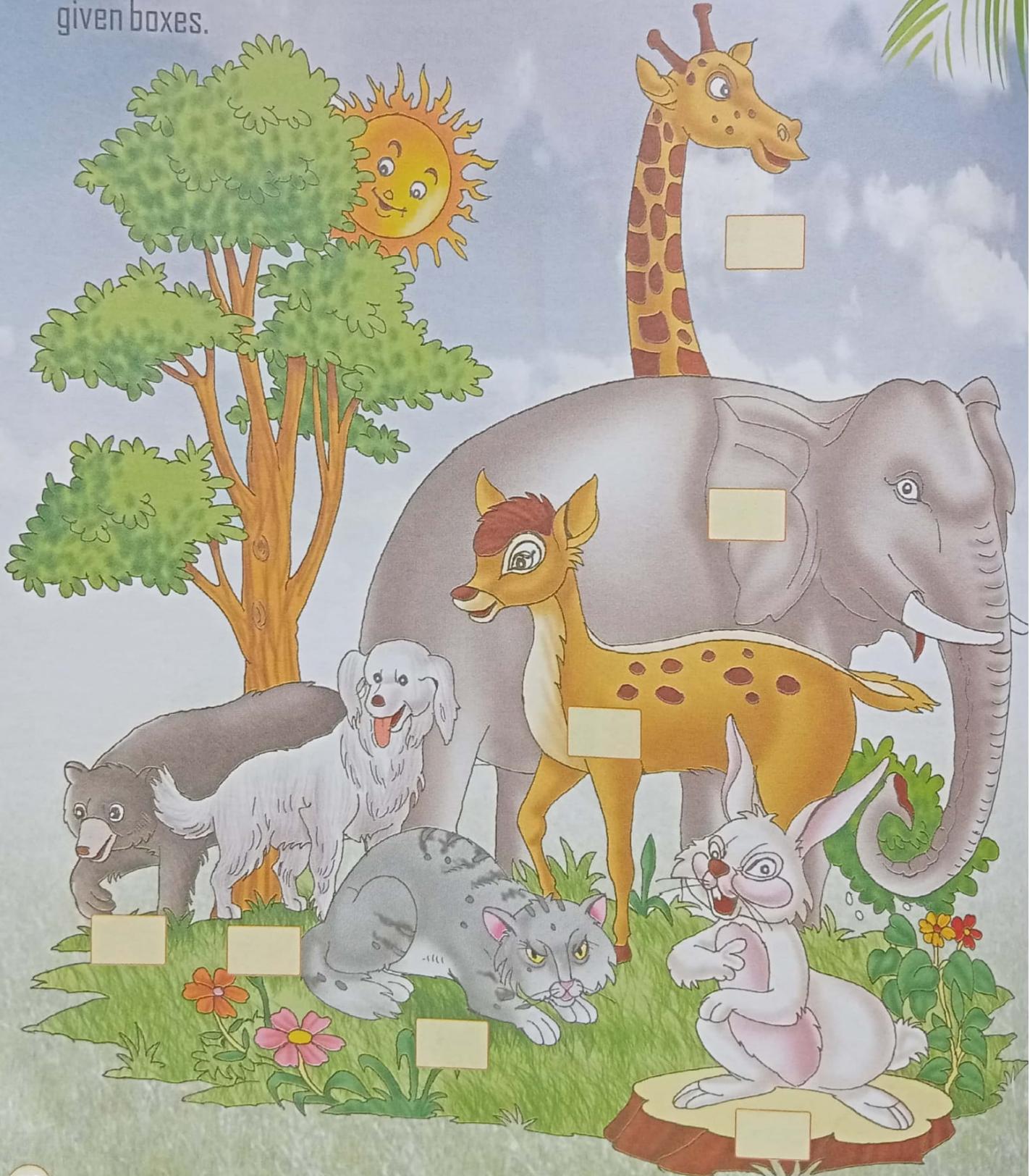
• Tell the students that we should respect the places of worship of other religions.

# Eco-tainment

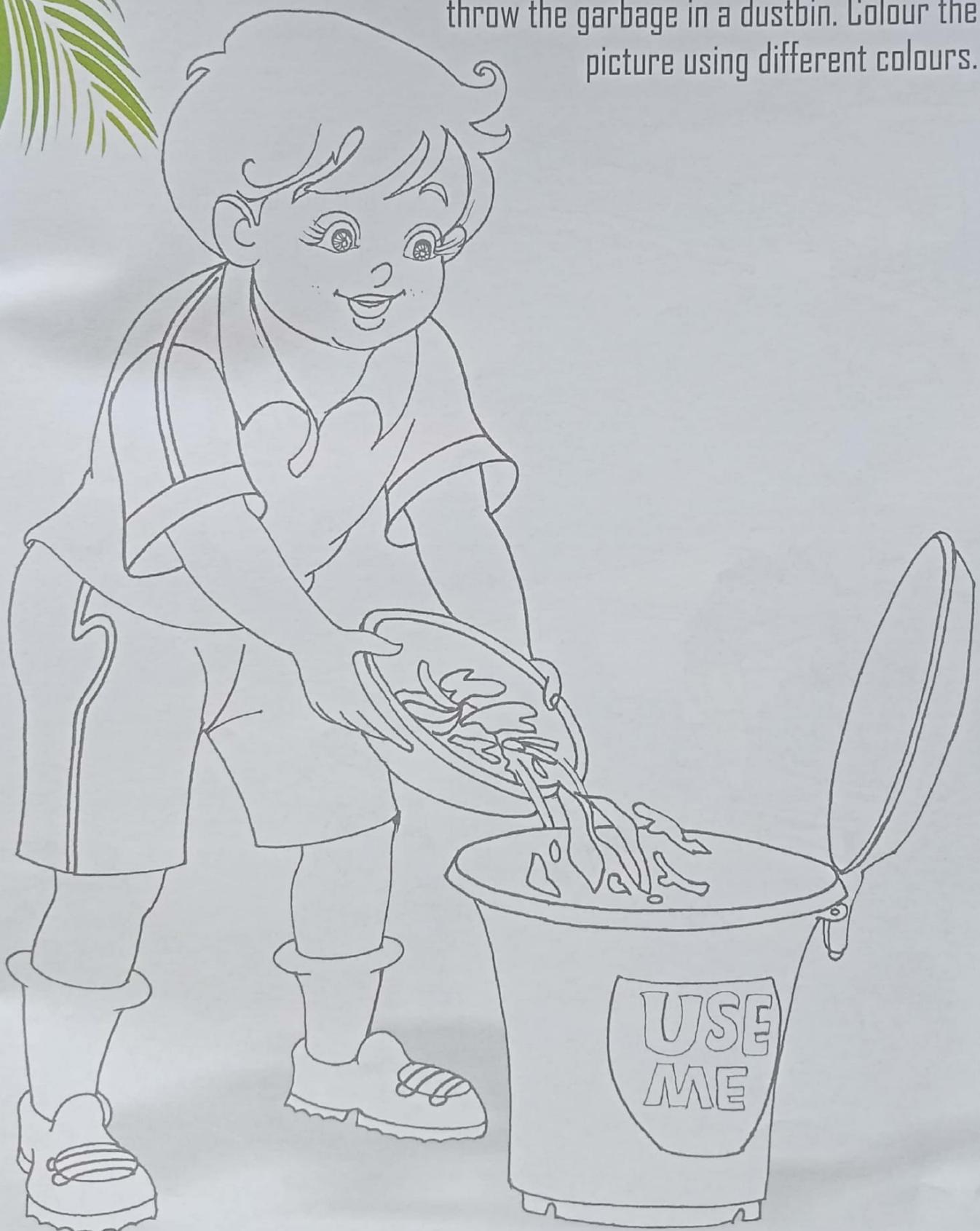
Keeping the summer season  
in your mind, tick (✓) the  
things which Akansha and  
Ajay would use.



You have already learnt about wild and domestic animals in your book. Now, it is your turn to recognise them. Some animals are given below. Write 'W' for Wild animals and 'D' for Domestic animals in the given boxes.



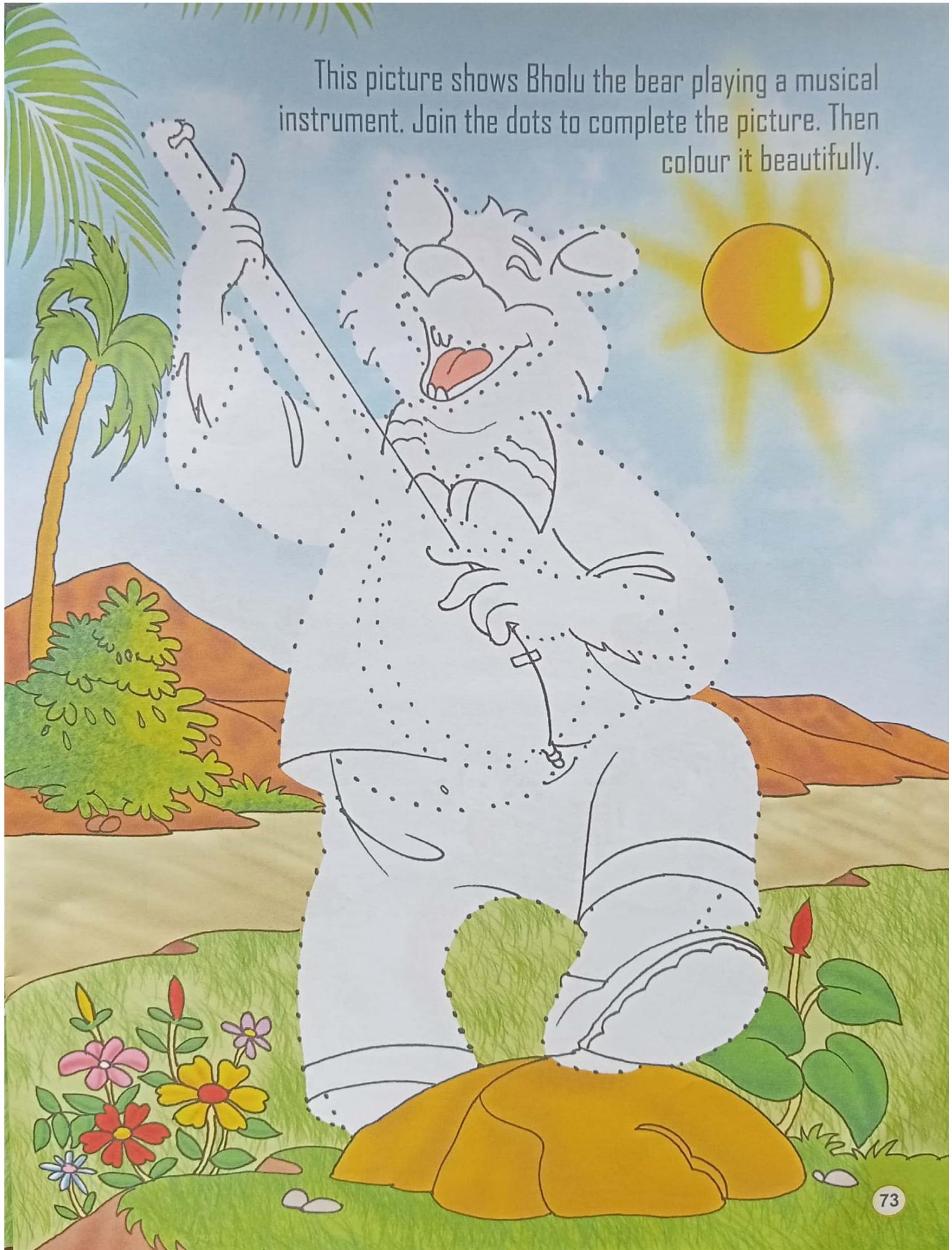
We should not litter the floor and should always throw the garbage in a dustbin. Colour the picture using different colours.





Tick (✓) all the activities which are good for the environment and cross (✗) out the others.

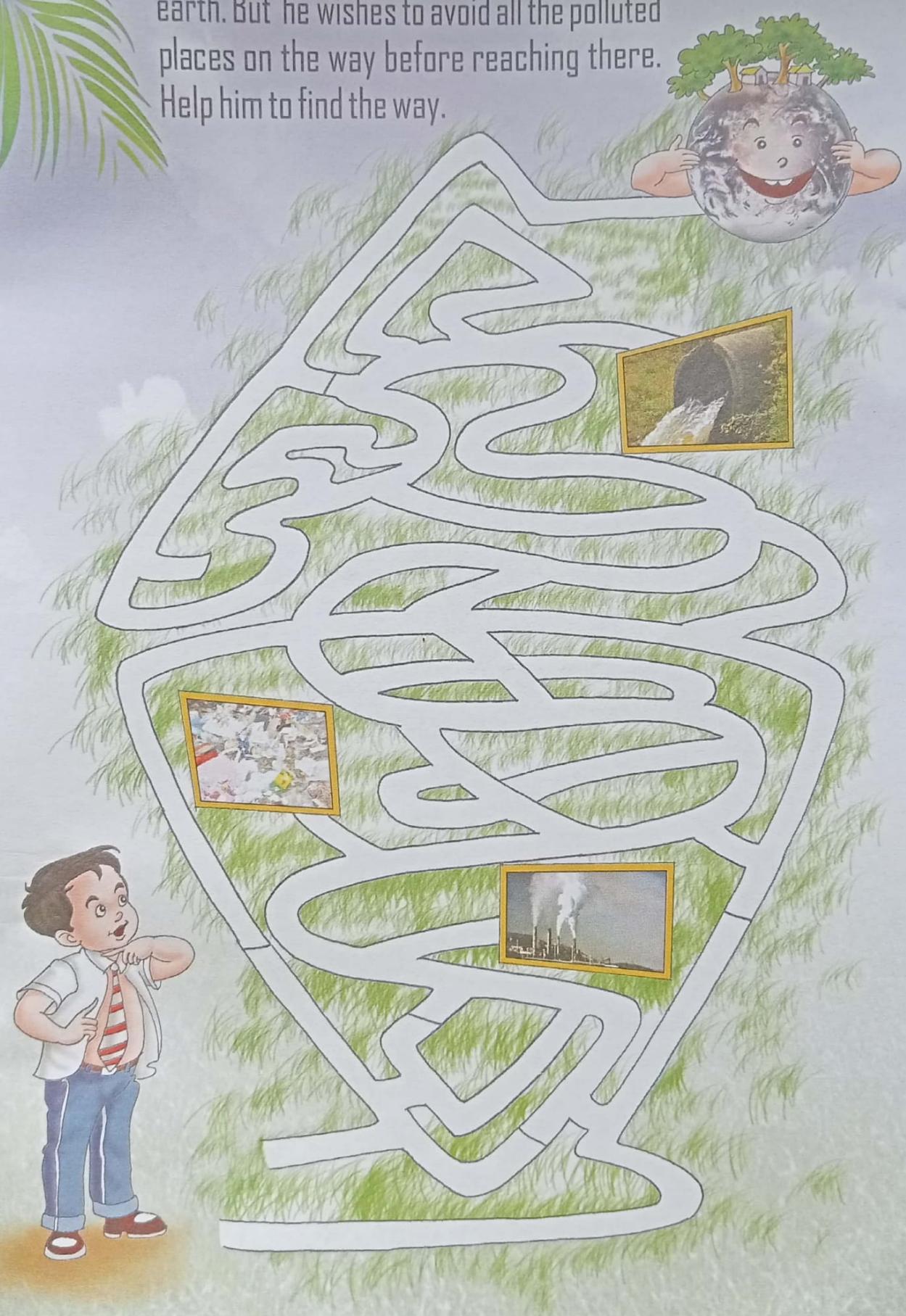
This picture shows Bholu the bear playing a musical instrument. Join the dots to complete the picture. Then colour it beautifully.



These two pictures look similar but there are some differences between them. Look carefully and circle all the differences.



Sohan wants to reach the beautiful green earth. But he wishes to avoid all the polluted places on the way before reaching there. Help him to find the way.



The pictures given below show different seasons. Unscramble the letters and write the name of each season under each picture.



NITRWE



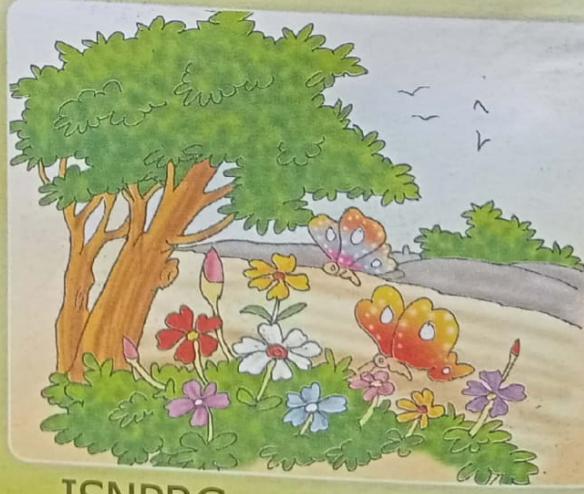
MSERMU



AYNIR



UTMNAU



ISNPRG